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STRENGTH

MOTIVATION+	08
MOTIVATION	20
SELECTLINE	28
FITSPORT	34
ALTIVELINE	46
SINGLELINE	66
PUREFORCE	74

CARDIO

ONE	80
FUSSION	84
UPLINE	88
FASTLINE	92
EXPERIENCE	96
REDLINE	98
ITSLINE	102
EXCEED	104
CURWALKER	106
CARDCLIMB	108
ELLIPTICAL	110

INDOOR

CICLO INDOOR	112
FITWALKER	116
ELIPWALK	118

AQUATIC

ACCESSORIES	120

PAVEMENT

PAVEMENT	124

INTERIOR

MELAMINE LOCKERS	126
PHENOLIC LOCKERS	128
PROFILED LOCKERS	130
BENCHS	132

FUNCTIONAL TRAINING

WORKOUT	136
CAGES INDOOR	142
CAGES OUTDOOR	156
ACCESSORIES	158

MOTIVATION +

F&H FITNESS COLLECTION

ES

La línea MOTIVATION+ está completamente cerrada por un cárter de doble protección de acero, que garantiza seguridad y mejora el diseño del producto, aumentando su calidad y dándole un aire más moderno.
Funciona a placas con imán de sujeción, fácil de usar y que ofrece una mayor seguridad al usuario.
Esta línea hace más productivo tu entrenamiento, pudiendo programar tus sesiones, seleccionando las series y repeticiones que quieras realizar.
Diseñada con poleas de hierro de alta calidad, mejora el funcionamiento y suaviza los movimientos. Su empuñadura fabricada en material de alta resistencia TPV, es difícil de dañar, y aumenta su durabilidad.

EN

The MOTIVATION + line is completely enclosed by a double steel protection casing, which guarantees safety and improves product design, increasing its quality and giving a more modern air. It works with plates with fastening magnet, easy to use and that offers a greater security to the user. This line makes your training more productive, being able to program your sessions, selecting the series and repetitions that you want to perform. Designed with high quality iron pulleys, it improves the performance and smoother the movements. Its handle made of material of high resistance TPV, is difficult to damage, and increases its durability.

FR

La ligne MOTIVATION est complètement fermée par un carter de double protection d'acier, qui garantit sécurité et améliore le design du produit, augmentant sa qualité et lui donnant un air plus moderne. Il fonctionne avec des plaques avec aimant de sujétion, facile d'utilisation et qui offre une plus grande sécurité à l'utilisateur.
Cette ligne fait que ton entrainement soit plus productif, pouvant programmer tes sessions, sélectionnant les séries et répétitions que tu souhaites réaliser. Dessiner avec des poulies de fer de haute qualité, améliore le fonctionnement et adoucis les mouvements. Ses poignées fabriqués en matériel de haute résistance TPV, sont difficiles d'abîmer et augmentent leurs durabilités.

CHEST PRESS FHBN 001

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	195 cm	**Standard**	80 kg
Lenght	110 cm	**Weight**	265 Kg		

PEC FLY FHBN 002

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	145 cm	**Weight**	235 Kg		

PEC FLY & REAR DELT FHBN 002A

UPPER BODY

DIMENSIONS				LOAD	
Width	205 cm	**Height**	210 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	275 Kg		

SHOULDER PRESS FHBN 003

UPPER BODY

DIMENSIONS				LOAD	
Width	155 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	150 cm	**Weight**	275 Kg		

LATERAL RAISE FHBN 003A

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	263 Kg		

ROW FHBN 004

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	195 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	275 Kg		

BICEPS CURL FHBN 006

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	100 cm	**Weight**	245 Kg		

TRICEPS CURL FHBN 007

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	145 cm	**Weight**	305 Kg		

ASSIST DIP CHIN FHBN 008

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	230 cm	**Standard**	80 kg
Lenght	140 cm	**Weight**	265 Kg		

F **ABDOMINAL** HBN 010

UPPER BODY

DIMENSIONS				LOAD	
Width	138 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	250 Kg		

TORSO ROTATION FHBN 011

UPPER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	110 cm	**Weight**	225 Kg		

LAT PULL DOWN FHBN 012

UPPER BODY

DIMENSIONS				LOAD	
Width	138 cm	**Height**	190 cm	**Standard**	80 kg
Lenght	135 cm	**Weight**	285 Kg		

LOW ROW FHBN 012A

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	170 cm	**Standard**	80 kg
Lenght	145 cm	**Weight**	195 Kg		

SEATED PULL DOWN FHBN 012B

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	182 cm	**Standard**	80 kg
Lenght	90 cm	**Weight**	250 Kg		

LEG CURL FHBN 013

LOWER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	135 cm	**Weight**	275 Kg		

LAT PULL DOWN FHBN 013A

LOWER BODY

DIMENSIONS				LOAD	
Width	118 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	170 cm	**Weight**	235 Kg		

LEG EXTENSION FHBN 014

LOWER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	115 cm	**Weight**	255 Kg		

LEG PRESS FHBN 015

LOWER BODY

DIMENSIONS				LOAD	
Width	147 cm	**Height**	170 cm	**Standard**	80 kg
Lenght	208 cm	**Weight**	350 Kg		

MULTI HIP FHBN 016

LOWER BODY

DIMENSIONS				LOAD	
Width	105 cm	**Height**	158 cm	**Standard**	80 kg
Lenght	95 cm	**Weight**	215 Kg		

GLUTE FHBN 016A

LOWER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	170 cm	**Standard**	80 kg
Lenght	280 cm	**Weight**	235 Kg		

CALF PRESS FHBN 017

LOWER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	160 cm	**Weight**	245 Kg		

ABDUCTOR & ADDUCTOR FHBN 1819

LOWER BODY

DIMENSIONS				LOAD	
Width	145 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	242 Kg		

SQUAT RACK FHJ 021

MULTIFUNCTIONAL

DIMENSIONS

Width	110 cm	**Height**	235 cm
Lenght	127 cm	**Weight**	85 Kg

INCLINE SQUAT MACHINE (45°) FHJ 022

LOWER BODY

DIMENSIONS

Width	160 cm	**Height**	152 cm
Lenght	240 cm	**Weight**	165 Kg

HACK SQUAT MACHINE FHJ 022A

LOWER BODY

DIMENSIONS

Width	160 cm	**Height**	152 cm
Lenght	240 cm	**Weight**	165 Kg

WEIGHT BENCH FHJ 023

MULTIFUNCTIONAL

DIMENSIONS

Width	167 cm	**Height**	120 cm
Lenght	172 cm	**Weight**	68 Kg

DECLINE PRESS FHJ 024

MULTIFUNCTIONAL

DIMENSIONS

Width	143 cm	**Height**	130 cm
Lenght	232 cm	**Weight**	70 Kg

INCLINE PRESS FHJ 025

MULTIFUNCTIONAL

DIMENSIONS

Width	168 cm	**Height**	140 cm
Lenght	201 cm	**Weight**	96 Kg

ROMAN CHAIR FHJ 026

MULTIFUNCTIONAL

DIMENSIONS

Width	66 cm	**Height**	88 cm
Lenght	120 cm	**Weight**	34 Kg

VERTICAL KNEE RAISE FHJ 027

MULTIFUNCTIONAL

DIMENSIONS

Width	76 cm	**Height**	224 cm
Lenght	140 cm	**Weight**	75 Kg

WEB BOARD FHJ 028

MULTIFUNCTIONAL

DIMENSIONS

Width	62 cm	**Height**	116 cm
Lenght	165 cm	**Weight**	47 Kg

SEATED CALF MACHINE FHJ 029

MULTIFUNCTIONAL

DIMENSIONS

Width	50 cm	**Height**	82 cm
Lenght	127 cm	**Weight**	40 Kg

DUMBELL RACK FHJ 030

DIMENSIONS

Width	81 cm	**Height**	82 cm
Lenght	209 cm	**Weight**	64 Kg

T-ARM MACHINE FHJ 031

MULTIFUNCTIONAL

DIMENSIONS

Width	88 cm	**Height**	56 cm
Lenght	180 cm	**Weight**	62 Kg

ABDOMINAL MACHINE FHJ 032

MULTIFUNCTIONAL

DIMENSIONS

Width	83 cm	**Height**	103 cm
Lenght	177 cm	**Weight**	50 Kg

DRAW MUSCLE MACHINE FHJ 033

MULTIFUNCTIONAL

DIMENSIONS

Width	49 cm	**Height**	97 cm
Lenght	132 cm	**Weight**	28 Kg

ADJUSTABLE WEB BOARD FHJ 034

MULTIFUNCTIONAL

DIMENSIONS

Width	62 cm	**Height**	130 cm
Lenght	174 cm	**Weight**	49 Kg

CRUNCH BENCH FHJ 035

MULTIFUNCTIONAL

DIMENSIONS

Width	63 cm	**Height**	104 cm
Lenght	174 cm	**Weight**	45 Kg

FLAT BENCH FHJ 036

MULTIFUNCTIONAL

DIMENSIONS

Width	69 cm	**Height**	135 cm
Lenght	135 cm	**Weight**	27 Kg

MULTI ADJUSTABLE BENCH FHJ 037

MULTIFUNCTIONAL

DIMENSIONS

Width	83 cm	**Height**	42 cm
Lenght	135 cm	**Weight**	40 Kg

UTILITY BENCH FHJ 038

MULTIFUNCTIONAL

DIMENSIONS

Width	51 cm	**Height**	90 cm
Lenght	71 cm	**Weight**	25 Kg

BARBELL RACK FHJ 039

DIMENSIONS

Width	70 cm	**Height**	130 cm
Lenght	95 cm	**Weight**	40 Kg

SCOTT BENCH FHJ 040

MULTIFUNCTIONAL

DIMENSIONS

Width	70 cm	**Height**	90 cm
Lenght	90 cm	**Weight**	41 Kg

WEIGHT PLATE TREE FHJ 041

DIMENSIONS

Width	78 cm	**Height**	110 cm
Lenght	78 cm	**Weight**	29 Kg

SMITH MACHINE FHJ 020

MULTIFUNCTIONAL

DIMENSIONS

Width	144 cm	**Height**	249 cm
Lenght	245 cm	**Weight**	244 Kg

SMITH MACHINE FHJ 020A

MULTIFUNCTIONAL

DIMENSIONS

Width	173,5 cm	**Height**	239 cm
Lenght	245 cm	**Weight**	288 Kg

MOTIVATION ✕

F&H FITNESS COLLECTION

ES

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EN

The MOTIVATION line is completely enclosed by a double steel protection casing, which guarantees safety and improves product design, increasing its quality and giving a more modern air. It works with plates with fastening magnet, easy to use and that offers a greater security to the user. This line makes your training more productive, being able to program your sessions, selecting the series and repetitions that you want to perform. Designed with high quality iron pulleys, it improves the performance and smoother the movements. Its handle made of material of high resistance TPV, is difficult to damage, and increases its durability.

FR

La ligne MOTIVATION est complètement fermée par un carter de double protection d'acier, qui garantit sécurité et améliore le design du produit, augmentant sa qualité et lui donnant un air plus moderne. Il fonctionne avec des plaques avec aimant de sujétion, facile d'utilisation et qui offre une plus grande sécurité à l'utilisateur.
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CHEST PRESS FHBW 001

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	195 cm	**Standard**	80 kg
Lenght	110 cm	**Weight**	265 Kg		

PEC FLY FHBW 002

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	145 cm	**Weight**	235 Kg		

PEC FLY & REAR DELT FHBW 002A

UPPER BODY

DIMENSIONS				LOAD	
Width	205 cm	**Height**	210 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	275 Kg		

SHOULDER PRESS FHBW 003

UPPER BODY

DIMENSIONS				LOAD	
Width	155 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	150 cm	**Weight**	275 Kg		

LATERAL RAISE FHBW 003A

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	263 Kg		

ROW FHBW 004

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	195 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	275 Kg		

CABLE CROSSOVER FHBW 005

MULTIFUNCTION

DIMENSIONS				LOAD	
Width	87 cm	**Height**	233 cm	**Standard**	80 kg
Lenght	383,6 cm	**Weight**	245 Kg		

DUAL ADJUSTABLE FHBW 005A

MULTIFUNCTION

DIMENSIONS				LOAD	
Width	108 cm	**Height**	233 cm	**Standard**	80 kg
Lenght	142 cm	**Weight**	350 Kg		

BICEPS CURL FHBW 006

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	100 cm	**Weight**	245 Kg		

TRICEPS CURL FHBW 007

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	145 cm	**Weight**	305 Kg		

ASSIST DIP CHIN FHBW 008

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	230 cm	**Standard**	80 kg
Lenght	140 cm	**Weight**	265 Kg		

ABDOMINAL FHBW 010

UPPER BODY

DIMENSIONS				LOAD	
Width	138 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	250 Kg		

TORSO ROTATION FHBW 011

UPPER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	110 cm	**Weight**	225 Kg		

LAT PULL DOWN FHBW 012

UPPER BODY

DIMENSIONS				LOAD	
Width	138 cm	**Height**	190 cm	**Standard**	80 kg
Lenght	135 cm	**Weight**	285 Kg		

LOW ROW FHBW 012A

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	169 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	280 Kg		

SEATED PULL DOWN FHBW 012B

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	155 cm	**Standard**	80 kg
Lenght	125 cm	**Weight**	238 Kg		

LEG CURL FHBW 013

LOWER BODY

DIMENSIONS				LOAD	
Width	108 cm	**Height**	155 cm	**Standard**	80 kg
Lenght	125 cm	**Weight**	230 Kg		

LAT PULL DOWN FHBW 013A

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	155 cm	**Standard**	80 kg
Lenght	118 cm	**Weight**	210 Kg		

LEG EXTENSION FHBW 014

LOWER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	115 cm	**Weight**	255 Kg		

LEG PRESS FHBW 015

LOWER BODY

DIMENSIONS				LOAD	
Width	147 cm	**Height**	170 cm	**Standard**	80 kg
Lenght	208 cm	**Weight**	350 Kg		

MULTI HIP FHBW 016

LOWER BODY

DIMENSIONS				LOAD	
Width	105 cm	**Height**	158 cm	**Standard**	80 kg
Lenght	95 cm	**Weight**	215 Kg		

GLUTE FHBW 016A

LOWER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	170 cm	**Standard**	80 kg
Lenght	280 cm	**Weight**	235 Kg		

CALF PRESS FHBW 017

LOWER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	160 cm	**Weight**	245 Kg		

ABDUCTOR & ADDUCTOR FHBW 1819

LOWER BODY

DIMENSIONS				LOAD	
Width	145 cm	**Height**	160 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	242 Kg		

SELECT LINE

design and funcionality

ES

La línea SELECT LINE ha sido creada buscando el diseño más selecto e innovador. Es un nuevo concepto de entrenamiento. Combina funcionalidad y ergonomía para ayudar a los usuarios a lograr sus objetivos diarios con total seguridad, creando una experiencia desafiante.
Ofrece nuevos niveles de rendimiento, seguridad y disfrute, recurriendo a la esencia de la fuerza en sí, reproduciendo los movimientos fisiológicos naturales, trayectorias y la distribución eficaz de la intensidad. Nuestro equipo ofrece una base para maximizar la formación total de la fuerza del cuerpo dentro de un ambiente seguro y respaldado.

EN

The SELECT LINE was created by seeking the most select and innovative design. It is a new concept of training.
It combines functionality and ergonomics to help users achieve their daily goals safely, creating a challenging experience. It offers new levels of performance, safety and enjoyment, using the essence of its own strength, reproducing natural physiological movements, trajectories and the effective distribution of intensity. Our team provides a basis for maximizing total body strength formation in an environment safe and sustained atmosphere.

FR

La ligne SELECT LINE a été créée en cherchant le design le plus select et innovateur. C'est un nouveau concept d'entrainement. Il combine fonctionnalité et ergonomie pour aider les utilisateurs à atteindre leurs objectifs quotidiens en toute sécurité, créant une expérience stimulante.
Il offre de nouveaux niveaux de rendement, sécurité et plaisir, en utilisant l'essence de sa propre force, reproduisant les mouvements physiologiques naturels, trajectoires et la distribution efficace de l'intensité. Notre équipe offre une base pour maximiser la formation total du corps au seins d'une ambiance sûr et soutenu.

LEG PRESS MACHINE FH 6000

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	166,5 cm	**Standard**	126 kg
Lenght	169 cm	**Weight**	290 Kg		

LEG EXTENSION MACHINE FH 6001

LOWER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	180 cm	**Standard**	108 kg
Lenght	125 cm	**Weight**	260 Kg		

LEG CURL FH 6002

LOWER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	154 cm	**Standard**	90 kg
Lenght	250 cm	**Weight**	230 Kg		

ABDOMINAL TRAINING FH 6007

UPPER BODY

DIMENSIONS				LOAD	
Width	102 cm	**Height**	155 cm	**Standard**	90 kg
Lenght	127 cm	**Weight**	216 Kg		

BACK TRAINING FH 6008

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	169 cm	**Standard**	108 kg
Lenght	120 cm	**Weight**	280 Kg		

WAIST ROTARY FH 6009

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	155 cm	**Standard**	90 kg
Lenght	125 cm	**Weight**	238 Kg		

BICEPS ARM CURL FH 6011

UPPER BODY

DIMENSIONS				LOAD	
Width	108 cm	**Height**	155 cm	**Standard**	90 kg
Lenght	125 cm	**Weight**	230 Kg		

TRICEPS ARM MACHINE FH 6012

UPPER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	155 cm	**Standard**	90 kg
Lenght	118 cm	**Weight**	210 Kg		

TRICEPS PUSHDOWN FH 6013

UPPER BODY

DIMENSIONS				LOAD	
Width	135,5 cm	**Height**	155 cm	**Standard**	108 kg
Lenght	124 cm	**Weight**	242 Kg		

SHOULDER TRAINING FH 6015

UPPER BODY

DIMENSIONS				LOAD	
Width	145 cm	**Height**	155 cm	**Standard**	90 kg
Lenght	152 cm	**Weight**	275 Kg		

SEATED LEG CURL FH 6027

LOWER BODY

DIMENSIONS				LOAD	
Width	141 cm	**Height**	155 cm	**Standard**	108 kg
Lenght	163 cm	**Weight**	280 Kg		

CHEST TRAINER FH 6036

UPPER BODY

DIMENSIONS				LOAD	
Width	76 cm	**Height**	198 cm	**Standard**	108 kg
Lenght	132 cm	**Weight**	264 Kg		

ABDUCTOR/ADDUCTOR TRAINING FH 6043

LOWER BODY

DIMENSIONS				LOAD	
Width	76 cm	**Height**	198 cm	**Standard**	108 kg
Lenght	132 cm	**Weight**	270 Kg		

LEG PRESS MACHINE FH 6203

LOWER BODY

DIMENSIONS				LOAD	
Width	181 cm	**Height**	169 cm	**Standard**	171 kg
Lenght	123 cm	**Weight**	442 Kg		

SHOULDER PRESS FH 6214

UPPER BODY

DIMENSIONS				LOAD	
Width	140cm	**Height**	169 cm	**Standard**	108 kg
Lenght	173 cm	**Weight**	276 Kg		

PECTORAL TRAINING FH 6218

UPPER BODY

DIMENSIONS				LOAD	
Width	76,2 cm	**Height**	198 cm	**Standard**	108 kg
Lenght	132 cm	**Weight**	254 Kg		

SEATED ROWING MACHINE FH 6220

LOWER BODY

DIMENSIONS				LOAD	
Width	129 cm	**Height**	169 cm	**Standard**	108 kg
Lenght	145 cm	**Weight**	268 Kg		

CHEST PRESS MACHINE FH 6222

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	205 cm	**Standard**	108 kg
Lenght	157 cm	**Weight**	286 Kg		

PULL DOWN EXERCISE FH 6235

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	205 cm	**Standard**	108 kg
Lenght	157 cm	**Weight**	257 Kg		

FIT•SPORT
sport performance

ES

FIT SPORT ha sido creada buscando el diseño más puro e innovador. Combina máximo confort, funcionalidad, total seguridad y ergonomía.
Los profesionales que utilizan nuestros equipos pueden estar tranquilos al saber que pueden trabajar para mejorar su rendimiento con una total seguridad y comodidad.
Nuestras máquinas están bien equipadas para proporcionar el mejor entrenamiento y así conseguir los mejores resultados para todos los usuarios incorporando una serie de características de diseño únicas.

EN

FIT SPORT has been created looking for the purest and innovative design. It combines maximum comfort, functionality, total safety and ergonomics. Professionals using our equipment can rest easy knowing that they can work to improve their performance with total safety and comfort. Our machines are well equipped to provide the best training and thus achieve the best results for all users incorporating a number of unique design features.
FIT SPORT STATIONS & BENCHS has been created as a supplement to the FIT SPORT line, complemented by multi-functional stations and exercise benches.

FR

FIT SPORT a été créé en cherchant le design le plus pur e innovant. Combinant confort maximum, fonctionnalité, total sécurité et ergonomie.
Les professionnels qui utilisent nos équipements peuvent être tranquilles en sachant qu'ils peuvent travailler pour améliorer leur rendement avec une totale sécurité et commodité. Nos machines sont bien équipées pour proportionner le meilleur entrainement et ainsi obtenir les meilleurs résultats pour tous les utilisateurs incorporant une série de caractéristiques de design unique.

LEG PRESS MACHINE FH 5000

LOWER BODY

DIMENSIONS				LOAD	
Width	92 cm	**Height**	172 cm	**Standard**	126 kg
Lenght	172 cm	**Weight**	285 Kg		

LEG EXTENSION MACHINE FH 5001

LOWER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	151,5 cm	**Standard**	108 kg
Lenght	125 cm	**Weight**	245 Kg		

PEC FLY & REAR DELT FH 5002

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	151,5 cm	**Standard**	90 kg
Lenght	178 cm	**Weight**	220 Kg		

SHOULDER PRESS FH 5007

UPPER BODY

DIMENSIONS				LOAD	
Width	122 cm	**Height**	157 cm	**Standard**	90 kg
Lenght	152 cm	**Weight**	215 Kg		

BACK TRAINING FH 5008

UPPER BODY

DIMENSIONS				LOAD	
Width	97 cm	**Height**	172 cm	**Standard**	108 kg
Lenght	127 cm	**Weight**	255 Kg		

WAIST ROTARY FH 5009

UPPER BODY

DIMENSIONS				LOAD	
Width	122 cm	**Height**	157 cm	**Standard**	72 kg
Lenght	152 cm	**Weight**	200 Kg		

BICEPS ARM CURL FH 5011

UPPER BODY

DIMENSIONS				LOAD	
Width	108 cm	**Height**	151,5 cm	**Standard**	72 kg
Lenght	125 cm	**Weight**	180 Kg		

TRICEPS EXTENSION FH 5012

UPPER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	151,5 cm	**Standard**	72 kg
Lenght	118 cm	**Weight**	181 Kg		

TRICEPS PUSHDOWN FH 5013

UPPER BODY

DIMENSIONS				LOAD	
Width	132 cm	**Height**	152,4 cm	**Standard**	108 kg
Lenght	109 cm	**Weight**	219 Kg		

DELTOID RAISE FH 5015

UPPER BODY

DIMENSIONS				LOAD	
Width	119,4 cm	**Height**	152,4 cm	**Standard**	72 kg
Lenght	122 cm	**Weight**	238 Kg		

SEATED LEG CURL FH 5027

LOWER BODY

DIMENSIONS				LOAD	
Width	108 cm	**Height**	151,5 cm	**Standard**	108 kg
Lenght	125 cm	**Weight**	256 Kg		

REAR DELT FH 5036

UPPER BODY

DIMENSIONS				LOAD	
Width	105 cm	**Height**	198 cm	**Standard**	108 kg
Lenght	155 cm	**Weight**	285 Kg		

ABDUCTOR ADUCTOR FH 5043

LOWER BODY

DIMENSIONS				LOAD	
Width	82 cm	**Height**	157 cm	**Standard**	108 kg
Lenght	187 cm	**Weight**	315 Kg		

LEG PRESS MACHINE FH 5203

LOWER BODY

DIMENSIONS				LOAD	
Width	67 cm	**Height**	172 cm	**Standard**	171 kg
Lenght	172 cm	**Weight**	430 Kg		

SHOULDER PRESS FH 5214

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	166,5 cm	**Standard**	108 kg
Lenght	173 cm	**Weight**	260 Kg		

CHEST TRAINER FH 5218

UPPER BODY

DIMENSIONS				LOAD	
Width	132 cm	**Height**	198 cm	**Standard**	108 kg
Lenght	76,2 cm	**Weight**	255 Kg		

SEATED ROWING MACHINE FH 5220

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	166,5 cm	**Standard**	108 kg
Lenght	145 cm	**Weight**	245 Kg		

CHEST PRESS MACHINE FH 5222

UPPER BODY

DIMENSIONS				LOAD	
Width	97 cm	**Height**	172 cm	**Standard**	108 kg
Lenght	127 cm	**Weight**	270 Kg		

PULL DOWN EXERCISE FH 5235

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	205 cm	**Standard**	108 kg
Lenght	157 cm	**Weight**	245 Kg		

CHIN UP TRAINER FH 2037

UPPER BODY

DIMENSIONS				LOAD	
Width	99 cm	**Height**	218 cm	**Standard**	90 kg
Lenght	140 cm	**Weight**	255 Kg		

LEG EXTENSION FH 2040

LOWER BODY

DIMENSIONS				LOAD	
Width	103 cm	**Height**	160 cm	**Standard**	126 kg
Lenght	160 cm	**Weight**	295 Kg		

LAT PULL DOWN MACHINE FH-2046

UPPER BODY

DIMENSIONS				LOAD	
Width	785 cm	**Height**	221,2 cm	**Standard**	240 kg
Lenght	180,5 cm	**Weight**	126 Kg		

FLAT BENCH FH A59

UPPER BODY

DIMENSIONS			
Width	43,5 cm	**Height**	23 cm
Lenght	138,5 cm	**Weight**	24 Kg

INCLINE BENCH FH A60

UPPER BODY

DIMENSIONS			
Width	61,5 cm	**Height**	17 cm
Lenght	**121,5** cm	**Weight**	32 Kg

DECLINE SIT UP BENCH FH A61

UPPER BODY

DIMENSIONS

Width	61,5 cm	**Height**	43 cm
Lenght	154,5 cm	**Weight**	46 Kg

BICEPS ARM CURL RACK FH A62

UPPER BODY

DIMENSIONS

Width	80 cm	**Height**	103 cm
Lenght	118 cm	**Weight**	46 Kg

WEIGHT TREE FH A67

DIMENSIONS

Width	57,5 cm	**Height**	95 cm
Lenght	73,5 cm	**Weight**	23,5 Kg

LEG RAISE FH A63C

UPPER BODY

DIMENSIONS

Width	130 cm	**Height**	245 cm
Lenght	150 cm	**Weight**	96 Kg

MULTI-FUNCTIONAL BENCH FH A77

MULTIFUNCTION

DIMENSIONS

Width	71,5 cm	**Height**	28 cm
Lenght	128,5 cm	**Weight**	54 Kg

FLAT PRESS BENCH FH A78

UPPER BODY

DIMENSIONS

Width	94,5 cm	**Height**	42 cm
Lenght	143 cm	**Weight**	76 Kg

INCLINE PRESS BENCH FH A79

UPPER BODY

DIMENSIONS

Width	94,5 cm	**Height**	42 cm
Lenght	174 cm	**Weight**	260 Kg

DECLINE PRESS BENCH FH A80

UPPER BODY

DIMENSIONS

Width	94,5 cm	**Height**	42 cm
Lenght	**151,5** cm	**Weight**	92 Kg

DUMBELL RACK 3 FH A84

DIMENSIONS

Width	54 cm	**Height**	91 cm
Lenght	244 cm	**Weight**	95 Kg

FLAT TO INCLINE BENCH FH A85

UPPER BODY

DIMENSIONS

Width	47,5 cm	**Height**	24 cm
Lenght	128,5 cm	**Weight**	41,5 Kg

PRESSING CHAIR FH A87

MULTIFUNCTION

DIMENSIONS

Width	80,5 cm	**Height**	22,5 cm
Lenght	138,5 cm	**Weight**	33 Kg

CHIN UP TRAINER FH A93

UPPER BODY

DIMENSIONS

Width	81,5 cm	**Height**	39 cm
Lenght	1265, cm	**Weight**	43,5 Kg

DUMBELL RACK FH A689

DIMENSIONS

Width	73 cm	**Height**	117 cm
Lenght	203 cm	**Weight**	144 Kg

SMITH MACHINE FH A48

MULTIFUNCTIONAL

DIMENSIONS

Width	150 cm	**Height**	216 cm
Lenght	216 cm	**Weight**	255 Kg

POWER RACK FH A694

MULTIFUNCTIONAL

DIMENSIONS

Width	188 cm	**Height**	245 cm
Lenght	186 cm	**Weight**	310 Kg

EXERCISE BENCH FH A695

MULTIFUNCTIONAL

DIMENSIONS

Width	47,5 cm	**Height**	27 cm
Lenght	**132,5** cm	**Weight**	255 Kg

DUMBELL RACK FH A697

DIMENSIONS

Width	58 cm	**Height**	91 cm
Lenght	203 cm	**Weight**	85 Kg

MULTISTATION 5.1 FH 518BI

MULTIFUNCTIONAL

DIMENSIONS

Width	235 cm	**Height**	210 cm
Lenght	210 cm	**Weight**	355,5 Kg

LOAD

Standard	216 kg

MULTI STATION 5.2 FH 518BK

MULTIFUNCTIONAL

DIMENSIONS

Width	272 cm	**Height**	277 cm
Lenght	206,5 cm	**Weight**	144 Kg

LOAD

Standard	576 kg

SINGLE STATION 1 FH 518CI

MULTIFUNCTIONAL

DIMENSIONS

Width	98 cm	**Height**	153 cm
Lenght	212 cm	**Weight**	175 Kg

LOAD

Standard	144 kg

MULTISTATION 10.1 FH 518A

MULTIFUNCTIONAL

DIMENSIONS				**LOAD**	
Width	280 cm	**Height**	230 cm	**Standard**	729 kg
Lenght	410 cm	**Weight**	759 Kg		

SINGLE STATION 2 FH 518EC

MULTIFUNCTIONAL

DIMENSIONS				**LOAD**	
Width	110,5 cm	**Height**	210,5 cm	**Standard**	144 kg
Lenght	206,5 cm	**Weight**	215 Kg		

ALTIVELINE
sport performance

ES

ALTIVELINE es una línea exclusiva creada para las salas de fitness, que apuesten por la elegancia, la incomparable calidad y excelentes prestaciones.
Con agarres realizados en goma termoplástica extruida, no absorbente y resistente al sudor y al desgaste. Pomos de regulación Yellow Easy Set Sistem, seguros y sencillos. Escala graduada y barra deslizante cromada para facilitar la regulación. Asientos con mecanismo neumático de regulación. Dispone de pies, un pequeño pero importante detalle para asegurar la estabilidad de la máquina sobre cualquier tipo de pavimento. Cada máquina lleva una ficha con la explicación del ejercicio para guiar al usuario durante el entrenamiento.

EN

ALTIVELINE is an exclusive line created for fitness rooms that betting for elegance, incomparable quality and excellent performance. With grips made of extruded thermoplastic rubber, non-absorbent and resistant to sweat and wear. Yellow Easy Set Sistem handles, safe and simple. Graduated scale and sliding bar chrome for easy regulation. Seats with pneumatic adjustment mechanism. It has feet, a small but important detail to ensure the stability of the machine on any type of floor. Each machine carries a card with the explanation of the exercise to guide the user during the training.

FR

ACTIVELINE est une ligne exclusive créée pour les salles de fitness, qui mise sur l'élégance, l'incomparable qualité et ses excellentes prestations.
Avec poignées réalisées en gomme thermoplastique extrudé, non absorbante et résistante à la sueur et à l'usure. Poignées de régulation Yellow Easy Set Sistem, sûr et simple. Echelle graduée et barre glissante chromée pour faciliter la régulation. Siège avec mécanisme pneumatique de régulation. Il dispose de pieds, un petit mais important détail pour assurer la stabilité de la machine sur un quelconque type de sol. Chaque machine possède une fiche avec l'explication de l'exercice pour guider l'utilisateur durant l'entrainement.

CHEST PRESS ALT 8801

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	195 cm	**Standard**	107 kg
Lenght	115 cm	**Weight**	305 Kg		

PECTORAL FLY ALT 8802

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	180 cm	**Standard**	107 kg
Lenght	140 cm	**Weight**	107 Kg		

REAR DELT ALT 8803

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	200 cm	**Standard**	107 kg
Lenght	150 cm	**Weight**	220 Kg		

SHOULDER PRESS ALT 8804

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	160 cm	**Standard**	83 kg
Lenght	110 cm	**Weight**	220 Kg		

LATERAL RAISE ALT 8805

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	160 cm	**Standard**	**83** kg
Lenght	100 cm	**Weight**	220 Kg		

SEATED BICEPS CURL ALT 8806

UPPER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	150 cm	**Standard**	83 kg
Lenght	100 cm	**Weight**	230 Kg		

SEATED TRICEPS EXTENSION ALT 8807

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	142 cm	**Weight**	230 Kg		

LAT PULL DOWN ALT 8808

UPPER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	195 cm	**Standard**	107 kg
Lenght	140 cm	**Weight**	260 Kg		

CHEST PRESS ALT 8809

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	130 cm	**Weight**	370 Kg		

PECTORAL FLY ALT 8810

UPPER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	220 cm	**Standard**	107 kg
Lenght	110 cm	**Weight**	250 Kg		

REAR DELT ALT 8811

UPPER BODY

DIMENSIONS				LOAD	
Width	116 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	140 cm	**Weight**	250 Kg		

SHOULDER PRESS ALT 8812

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	165 cm	**Standard**	107 kg
Lenght	140 cm	**Weight**	250 Kg		

ROTARY TORSO ALT 8813

UPPER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	83 kg
Lenght	100 cm	**Weight**	250 Kg		

SEATED LEG CURL ALT 8814

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	170 cm	**Weight**	260 Kg		

LEG EXTENSION ALT 8815

LOWER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	165 cm	**Standard**	107 kg
Lenght	120 cm	**Weight**	107 Kg		

SEATED LEG PRESS ALT 8816

LOWER BODY

DIMENSIONS				LOAD	
Width	100 cm	**Height**	165 cm	**Standard**	107 kg
Lenght	180 cm	**Weight**	107 Kg		

PRONE LEG CURL ALT 8817

LOWER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	190 cm	**Weight**	240 Kg		

ADDUCTOR ALT 8818

LOWER BODY

DIMENSIONS				LOAD	
Width	160 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	150 cm	**Weight**	240 Kg		

ABDUCTOR ALT 8819

LOWER BODY

DIMENSIONS				LOAD	
Width	150 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	150 cm	**Weight**	240 Kg		

MULTI HIP ALT 8820

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	165 cm	**Standard**	107 kg
Lenght	120 cm	**Weight**	240 Kg		

STANDING CALF RAISE ALT 8821

UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	180 cm	**Standard**	107 kg
Lenght	115 cm	**Weight**	240 Kg		

CALF RAISE ALT 8821a

LOWER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	180 cm	**Standard**	107 kg
Lenght	140 cm	**Weight**	240 Kg		

CABLE CROSS OVER ALT 8822

MULTIFUNCTIONAL

DIMENSIONS				LOAD	
Width	120 cm	**Height**	170 cm	**Standard**	142 kg
Lenght	105 cm	**Weight**	240 Kg		

MULTI JUNGLE 4 STACKS ALT 8823

MULTIFUNCTIONAL

DIMENSIONS				LOAD	
Width	120 cm	**Height**	170 cm	**Standard**	308 kg
Lenght	105 cm	**Weight**	300 Kg		

MULTI JUNGLE 5 STACKS ALT 8824

MULTIFUNCTIONAL

DIMENSIONS				LOAD	
Width	350 cm	**Height**	240 cm	**Standard**	379 kg
Lenght	450 cm	**Weight**	400 Kg		

MULTI JUNGLE 8 STACKS ALT 8825

MULTIFUNCTIONAL

DIMENSIONS				LOAD	
Width	270 cm	**Height**	220 cm	**Standard**	616 kg
Lenght	500 cm	**Weight**	800 Kg		

MULTIFUNCTION MACHINE ALT 8826

MULTIFUNCTIONAL

DIMENSIONS				LOAD	
Width	220 cm	**Height**	220 cm	**Standard**	142 kg
Lenght	110 cm	**Weight**	300 Kg		

SMITH MACHINE ALT 8827

MULTIFUNCTIONAL

DIMENSIONS			
Width	220 cm	**Height**	220 cm
Lenght	242 cm	**Weight**	232 Kg

45 DEGREE LEG PRESS ALT 8828

LOWER BODY

DIMENSIONS

Width	130 cm	**Height**	150 cm
Lenght	250 cm	**Weight**	245 Kg

HACK SQUAT ALT 8829

LOWER BODY

DIMENSIONS

Width	130 cm	**Height**	120 cm
Lenght	200 cm	**Weight**	240 Kg

SQUAT RACK ALT 8830

LOWER BODY

DIMENSIONS

Width	115 cm	**Height**	220 cm
Lenght	160 cm	**Weight**	155 Kg

OLYMPIC FLAT BENCH PRESS ALT 8831

UPPER BODY

DIMENSIONS

Width	180 cm	**Height**	130 cm
Lenght	190 cm	**Weight**	66 Kg

OLYMPIC INCLINE PRESS ALT 8832

UPPER BODY

DIMENSIONS

Width	150 cm	**Height**	195 cm
Lenght	115 cm	**Weight**	86 Kg

OLYMPIC DECLINE PRESS ALT 8833

UPPER BODY

DIMENSIONS

Width	120 cm	**Height**	180 cm
Lenght	140 cm	**Weight**	78 Kg

LYING T-BAR ROW ALT 8834

UPPER BODY

DIMENSIONS

Width	70 cm	**Height**	100 cm
Lenght	190 cm	**Weight**	83 Kg

SHOULDER PRESS ALT 8835

UPPER BODY

DIMENSIONS

Width	90 cm	**Height**	45 cm
Lenght	200 cm	**Weight**	75 Kg

ADJUSTABLE ROMAN CHAIR ALT 8836

UPPER BODY

DIMENSIONS

Width	80 cm	**Height**	80 cm
Lenght	150 cm	**Weight**	65 Kg

BICEPS PREACHER BENCH ALT 8837

UPPER BODY

DIMENSIONS

Width	75 cm	**Height**	90 cm
Lenght	70 cm	**Weight**	75 Kg

SEATED CALF RAISE ALT 8838

LOWER BODY

DIMENSIONS

Width	70 cm	**Height**	100 cm
Lenght	130 cm	**Weight**	58 Kg

LYING CALF RAISE ALT 8839

UPPER BODY

DIMENSIONS

Width	100 cm	**Height**	90 cm
Lenght	160 cm	**Weight**	83 Kg

CHEST PRESS ALT 8840

UPPER BODY

DIMENSIONS

Width	70 cm	**Height**	90 cm
Lenght	180 cm	**Weight**	51 Kg

REAR DELT ALT 8842

UPPER BODY

DIMENSIONS

Width	50 cm	**Height**	70 cm
Lenght	150 cm	**Weight**	55 Kg

SHOULDER PRESS ALT 8843

UPPER BODY

DIMENSIONS

Width	120 cm	**Height**	45 cm
Lenght	60 cm	**Weight**	29 Kg

PECTORAL FLY ALT 8841

UPPER BODY

DIMENSIONS

Width	130 cm	**Height**	220 cm
Lenght	130 cm	**Weight**	123 Kg

VERTICAL BENCH ALT 8844

MULTIFUNCTIONAL

DIMENSIONS

Width	75 cm	**Height**	90 cm
Lenght	70 cm	**Weight**	26 Kg

OLYMPIC PLATE RACK ALT 8845

DIMENSIONS

Width	50 cm	**Height**	85 cm
Lenght	64 cm	**Weight**	52 Kg

BARBELL RACK ALT 8846

DIMENSIONS

Width	50 cm	**Height**	85 cm
Lenght	64 cm	**Weight**	60 Kg

DUMBELL RACK ALT 8847

DIMENSIONS

Width	95 cm	**Height**	90 cm
Lenght	210 cm	**Weight**	77 Kg

DISCS 100501

TECHNICAL SPECIFICATIONS

Peso (Kg) 1.25/2.5/5/10/15/20/25

CUFFLINKS 100440

TECHNICAL SPECIFICATIONS

Peso (Kg) 2.5/5/7.5/10/12.5/15/17.5/20/22.5/25/27.5/30/35.5/35/37.5/40/42.5/45/47.5/50

LEG CURL/LEG EXTENSION ALT 8848

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	170 cm	**Weight**	147 Kg		

ABDOMINAL CRUNCH ALT 8849

UPPER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	140 cm	**Weight**	147 Kg		

HIP ADDUCTOR/ABDUCTOR ALT 8850

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	170 cm	**Weight**	116 Kg		

SHOULDER PRESS ALT 8851

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	170 cm	**Weight**	132 Kg		

LEG CURL/LEG EXTENSION ALT 8848

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	170 cm	**Weight**	147 Kg		

ABDOMINAL CRUNCH ALT 8849

UPPER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	140 cm	**Weight**	147 Kg		

HIP ADDUCTOR/ABDUCTOR ALT 8850

LOWER BODY

DIMENSIONS				LOAD	
Width	110 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	170 cm	**Weight**	116 Kg		

SHOULDER PRESS ALT 8851

UPPER BODY

DIMENSIONS				LOAD	
Width	140 cm	**Height**	160 cm	**Standard**	107 kg
Lenght	170 cm	**Weight**	132 Kg		

LAT PULL DOWN & SEATED ROW ALT 8852

UPPER BODY

DIMENSIONS				LOAD	
Width	90 cm	**Height**	230 cm	**Standard**	107 kg
Lenght	210 cm	**Weight**	260 Kg		

PECTORAL FLY ALT 8853

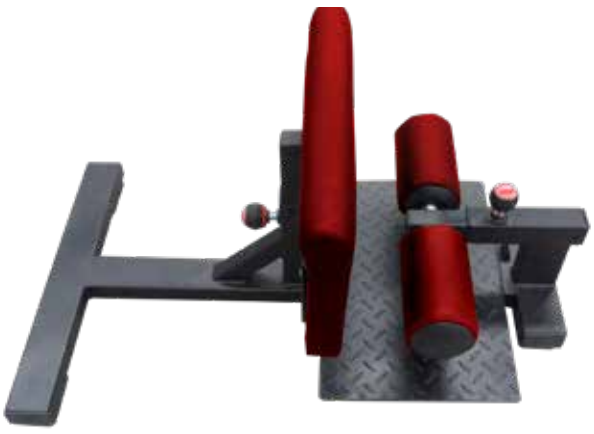
UPPER BODY

DIMENSIONS				LOAD	
Width	120 cm	**Height**	166 cm	**Standard**	107 kg
Lenght	150 cm	**Weight**	230 Kg		

REAR DELT ALT 8855

MULTIFUNCTIONAL

DIMENSIONS			
Width	80 cm	**Height**	120 cm
Lenght	130 cm	**Weight**	30 Kg



ROMAN CHAIR ALT 8856

LOWER BODY

DIMENSIONS			
Width	63 cm	**Height**	49 cm
Lenght	101 cm	**Weight**	20 Kg

ABDOMINAL CRUNCH ALT 9812

UPPER BODY

DIMENSIONS

Width	140 cm	**Height**	167 cm
Lenght	170 cm	**Weight**	230 Kg

LOAD

Standard 277 kg

SHOULDER PRESS ALT 9829

UPPER BODY

DIMENSIONS

Width	125 cm	**Height**	186 cm
Lenght	130 cm	**Weight**	126 Kg

ROWING ALT 9834

UPPER BODY

DIMENSIONS

Width	110 cm	**Height**	123 cm
Lenght	185 cm	**Weight**	83 Kg

SUPPORT ALT9835

DIMENSIONS

Width	80 cm	**Height**	90 cm
Lenght	80 cm	**Weight**	49 Kg

SCOTT BENCH ALT 9837

UPPER BODY

DIMENSIONS

Width	86 cm	**Height**	115 cm
Lenght	120 cm	**Weight**	83 Kg

FOREARM TRAINER ALT 9648

UPPER BODY

DIMENSIONS

Width	90 cm	**Height**	100 cm
Lenght	70 cm	**Weight**	150 Kg

LOAD

Standard	71 kg

OLYMPIC RUBBER STRAIGHT BAR 100480

TECHNICAL SPECIFICATIONS

Peso (Kg) 10/15/20/55

OLYMPIC RUBBER CURVE BAR 100490

TECHNICAL SPECIFICATIONS

Peso (Kg) 10/15/20/55

MAX RACK MR2000

MULTIFUNCTIONAL

DIMENSIONS

Width	170 cm	**Height**	235 cm
Lenght	222 cm	**Weight**	252 Kg

WHITE

GREY METAL

BLACK

FINISHES

CHASSIS PAINT

The machines are available with three different chassis paint: black, gray metal or white.

BORDEAUX

BROWN

BLUE

BLACK

FINISHES

UPHOLSTERY

The machines are available in various colors of upholstery * such as the black, blue, brown or burgundy, giving the option to customize your own machine. Skin treatment with a high resistance antisudoración with seats made with high density foam antideformable affixed to support multilayer timber.

* Other colors on request upholstery.

SINGLE LINE

FITNESS PERFORMANCE

ES

La línea SINGLE LINE está completamente cerrada por un cárter de doble protección de acero, que garantiza seguridad y mejora el diseño del producto, aumentando su calidad y dándole un aire más moderno.
Funciona a placas con imán de sujeción, fácil de usar y que ofrece una mayor seguridad al usuario.

EN

The SINGLE LINE is completely closed by a double-shielded steel cover, which guarantees security and improves product design, showing high quality and fashion. Works plates with holding magnet, easy to use and that offers greater security to the user.

FR

La ligne SINGLE LINE est complètement fermée par un carter de double protection d'acier, qui garantit sécurité et améliore le design du produit, augmentant sa qualité et lui donnant un air plus moderne. Il fonctionne avec des plaques avec aimant de sujétion, facile d'utilisation et qui offre une plus grande sécurité à l'utilisateur.

CHEST PRESS FHBH 001

UPPER BODY

DIMENSIONS				LOAD	
Width	115 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	144 cm	**Weight**	210 Kg		

PEC FLY FHBH 002

UPPER BODY

DIMENSIONS				LOAD	
Width	112 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	149 cm	**Weight**	213 Kg		

PEC FLY & REAR DELT FHBH 002A

UPPER BODY

DIMENSIONS				LOAD	
Width	123 cm	**Height**	200 cm	**Standard**	80 kg
Lenght	133 cm	**Weight**	240 Kg		

SHOULDER PRESS FHBH 003

UPPER BODY

DIMENSIONS				LOAD	
Width	101 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	138 cm	**Weight**	217 Kg		

ROW FHBH 004

UPPER BODY

DIMENSIONS				LOAD	
Width	122 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	127 cm	**Weight**	210 Kg		

BICEPS CURL FHBH 006

UPPER BODY

DIMENSIONS				LOAD	
Width	125 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	112 cm	**Weight**	211 Kg		

TRICEPS CURL FHBH 007

UPPER BODY

DIMENSIONS				LOAD	
Width	130 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	220 Kg		

ASSIST DIP CHIN FHBH 008

UPPER BODY

DIMENSIONS				LOAD	
Width	155 cm	**Height**	233 cm	**Standard**	80 kg
Lenght	117 cm	**Weight**	246 Kg		

ABDOMINAL FHBH 010

UPPER BODY

DIMENSIONS				LOAD	
Width	100 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	95 cm	**Weight**	206 Kg		

TORSO ROTATION FHBH 011

UPPER BODY

DIMENSIONS				LOAD	
Width	97 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	117 cm	**Weight**	227 Kg		

LAT PULL DOWN FHBH 012

UPPER BODY

DIMENSIONS				LOAD	
Width	112 cm	**Height**	217 cm	**Standard**	80 kg
Lenght	146 cm	**Weight**	225 Kg		

LOW ROW FHBH 012A

UPPER BODY

DIMENSIONS				LOAD	
Width	162 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	121 cm	**Weight**	217 Kg		

SEATED LEG CURL FHBH 013

LOWER BODY

DIMENSIONS				LOAD	
Width	169 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	238 Kg		

LEG CURL FHBH 013A

LOWER BODY

DIMENSIONS				LOAD	
Width	163 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	152 cm	**Weight**	229 Kg		

LEG EXTENSION FHBH 014

LOWER BODY

DIMENSIONS				LOAD	
Width	145 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	120 cm	**Weight**	221 Kg		

LEG PRESS FHBH 015

LOWER BODY

DIMENSIONS				LOAD	
Width	174 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	118 cm	**Weight**	259 Kg		

MULTI HIP FHBH 016

LOWER BODY

DIMENSIONS				LOAD	
Width	99 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	124 cm	**Weight**	206 Kg		

GLUTE FHBH 016A

LOWER BODY

DIMENSIONS				LOAD	
Width	137 cm	**Height**	184 cm	**Standard**	80 kg
Lenght	190 cm	**Weight**	248 Kg		

CALF PRESS FHBH 017

LOWER BODY

DIMENSIONS				LOAD	
Width	101 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	116 cm	**Weight**	217 Kg		

HIP ADDUCTOR FHBH 018

LOWER BODY

DIMENSIONS				LOAD	
Width	129 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	221 Kg		

HIP ABDUCTOR FHBH 019

LOWER BODY

DIMENSIONS				**LOAD**	
Width	129 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	222 Kg		

ABDUCTOR & ADDUCTOR FHBH 1819

LOWER BODY

DIMENSIONS				**LOAD**	
Width	135 cm	**Height**	164 cm	**Standard**	80 kg
Lenght	130 cm	**Weight**	224 Kg		

PUREFORCE
SPORT PERFORMANCE

ES

PUREFORCE, un nuevo concepto de carga de discos. Combina funcionalidad y ergonomía para ayudar a los usuarios a lograr sus objetivos de entrenamiento con total seguridad, creando una experiencia desafiante. Ofrece la libertad y la sensación pura fuerza en plena seguridad y sin riesgo de lesiones. Esto se debe a que nuestro equipo establece los estándares más altos de la biomecánica, la ergonomía y la seguridad para proporcionar la mejor experiencia posible y los mejores resultados, ofreciendo: movimiento en la trayectoria, activación muscular y distribución de la carga de trabajo.

EN

PUREFORCE, a new concept of disc loading. It combines functionality and ergonomics to help users achieve their training goals with complete safety, creating a challenging experience. It offers freedom and pure feeling strength in full safety and without risk of injury. This is because our team sets the highest standards of biomechanics, ergonomics and safety to provide the best possible experience and the best results, offering: trajectory movement, muscle activation and workload distribution.

FR

PUREFORCE, un nouveau concept de chargement de disques. Combinant fonctionnalité et ergonomie pour aider les utilisateurs à atteindre leurs objectifs d'entrainement avec une totale sécurité, créant une expérience stimulante. Offrant la liberté et la sensation de pure force en toute sécurité et sans risque de blessures. Ceci se doit à ce que notre équipe établis les plus hauts standards en biomécanique, ergonomie et sécurité pour proportionner la meilleur expérience possible et les meilleurs résultats, offrant : mouvement dans la trajectoire, activation musculaire et distribution de la charge de travail.

INCLINE PRESS PF 1001

UPPER BODY

DIMENSIONS

Width	120 cm	**Height**	182 cm
Lenght	180 cm	**Weight**	137 Kg

SEATED ROW PF 1002

UPPER BODY

DIMENSIONS

Width	161 cm	**Height**	135 cm
Lenght	125 cm	**Weight**	125 Kg

TRICEP PRESS DOWN PF 1003

UPPER BODY

DIMENSIONS

Width	132 cm	**Height**	112 cm
Lenght	170 cm	**Weight**	110 Kg

STATED CALF MACHINE PF 1004

LOWER BODY

DIMENSIONS

Width	122 cm	**Height**	157 cm
Lenght	152 cm	**Weight**	72 Kg

LEG EXTENSION PF 1005

LOWER BODY

DIMENSIONS

Width	160 cm	**Height**	116 cm
Lenght	180 cm	**Weight**	140 Kg

SHOULDER PRESS PF 1006

UPPER BODY

DIMENSIONS

Width	180 cm	**Height**	140 cm
Lenght	160 cm	**Weight**	149 Kg

SEATED DECLINE PRESS PF 1007

UPPER BODY

DIMENSIONS

Width	176 cm	**Height**	203 cm
Lenght	180 cm	**Weight**	162 Kg

LAT PULL DOWN PF 1008

UPPER BODY

DIMENSIONS

Width	155 cm	**Height**	210 cm
Lenght	200 cm	**Weight**	152 Kg

BACKHAND PULL DOWN PF 1009

UPPER BODY

DIMENSIONS

Width	195 cm	**Height**	220 cm
Lenght	163 cm	**Weight**	175 Kg

SINGLE ACTION BICEP CURL PF 1010

UPPER BODY

DIMENSIONS

Width	185 cm	**Height**	130 cm
Lenght	120 cm	**Weight**	116 Kg

LEG PRESS PF 1011

UPPER BODY

DIMENSIONS

Width	150 cm	**Height**	140 cm
Lenght	230 cm	**Weight**	200 Kg

BICEP PRESS PF 1012

UPPER BODY

DIMENSIONS

Width	140 cm	**Height**	115 cm
Lenght	120 cm	**Weight**	136 Kg

PRONE HOOK PF 1013

LOWER BODY

DIMENSIONS

Width	160 cm	**Height**	115 cm
Lenght	180 cm	**Weight**	123 Kg

HACK SQUAT PF 1014

LOWER BODY

DIMENSIONS

Width	146 cm	**Height**	170 cm
Lenght	260 cm	**Weight**	176 Kg

UPRIGHT LEG TRAINER PF 1015

LOWER BODY

DIMENSIONS

Width	153 cm	**Height**	145 cm
Lenght	112 cm	**Weight**	114 Kg

SHOULDER RAISE PF 1016

UPPER BODY

DIMENSIONS

Width	110 cm	**Height**	133 cm
Lenght	175 cm	**Weight**	130 Kg

FLAT CHEST PRESS PF 1017

UPPER BODY

DIMENSIONS

Width	145 cm	**Height**	100 cm
Lenght	190 cm	**Weight**	90 Kg

ONE

ES

El diseño de esta línea destaca sobre las demás. Es moderno, a la vez que elegante, ONE hace que tu sala de fitness destaque sobre las demás.
Cuenta con las más alta tecnologia adaptada a las necesidades del usuario. Incorpora la cinta HE-9000Android, con la que se puede navegar y sincronizar con sus dispositivos.

EN

The design of this line stands out above the others. It's modern, yet elegant, ONE makes your fitness room stand out above the others. It has the highest technology adapted to the needs of the user. It incorporates the treadmill HE-9000Android, with which you can navigate and synchronize with your devices.

FR

Le design de cette ligne se trouve au-dessus des autres. Moderne, à la fois élégante, ONE fait que ta salle de fitness se démarque des autres.
Elle compte avec la plus haute technologie adapter au besoin de l'utilisateur. Intègre le tapis de course HE-9000Android, avec lequel on peut naviguer et synchroniser ses dispositifs.

TREADMILL HE 9000 ANDROID

DIMENSIONS

Width	93 cm	**Height**	174 cm
Lenght	228,5 cm	**Weight**	225 Kg

TREADMILL HE 7000I/HE 7000S

DIMENSIONS

Width	93,4 cm	**Height**	147 cm
Lenght	221 cm	**Weight**	215 Kg

MULTITRAINER HM 700T/HM 700S

DIMENSIONS

Width	103 cm	**Height**	186 cm
Lenght	191 cm	**Weight**	220 Kg

ELLIPTICAL HC 700T/HC 700S

DIMENSIONS

Width	72 cm	**Height**	162 cm
Lenght	216 cm	**Weight**	100 Kg

VERTICAL BIKE HU 700T/HU 700S

DIMENSIONS

Width	64 cm	**Height**	148 cm	Opcional Android
Lenght	123 cm	**Weight**	85 Kg	Sistem

HORIZONTAL BIKE HR 700T/HR 700S

DIMENSIONS

Width	66 cm	**Height**	139 cm	Opcional Android
Lenght	161 cm	**Weight**	102 Kg	Sistem

FUSSION

CARDIO COLLECTION

ES

Con la línea FUSSION podrá rendir al máximo, aprovechando así cada minuto que dedica al entrenamiento de cada día.
Incorpora nuevas tecnologías avanzadas que ofrecen una mayor calidad en sus rutinas, cuidando así el bienestar y la salud al mismo tiempo.

EN

With the FUSSION line you can perform to the maximum, taking advantage of every minute you devote to the training of each day. It incorporates new advanced technologies that offer a higher quality in their routines, thus taking care of welfare and health at the same time.

FR

Avec la ligne FUSSION Vous aurez un rendement maximisé, profitant ainsi de chaque minute que vous dédiez à l'entrainement quotidien.
Intégrant de nouvelles technologies avancées qui offrent une meilleur qualité à vos routines, prenant soins ainsi de votre bien être et de votre santé en même temps.

TREADMILL FH 8900A

DIMENSIONS

Width	95 cm	**Height**	160 cm
Lenght	233 cm	**Weight**	230 Kg

ROWING MACHINE FH 8218A

DIMENSIONS

Width	85 cm	**Height**	109 cm
Lenght	230 cm	**Weight**	63,6 Kg

STEPPER MACHINE FH 8718A

DIMENSIONS

Width	85 cm	**Height**	175 cm
Lenght	132 cm	**Weight**	92,7 Kg

ELLIPTICAL FH 8618B

DIMENSIONS

Width	70 cm	**Height**	169 cm
Lenght	226 cm	**Weight**	92 Kg

VERTICAL BIKE FH 8318LC

DIMENSIONS

Width	57,5 cm	**Height**	134 cm
Lenght	111 cm	**Weight**	60 Kg

HORIZONTAL BIKE FH 8318WD

DIMENSIONS

Width	63 cm	**Height**	130 cm
Lenght	188,5 cm	**Weight**	85,4 Kg

UPLINE
CARDIO PERFORMANS

ES
Sus servicios y las amplias posibilidades que ofrece el panel de control, la convierten en una línea que permite al usuario disfrutar del entrenamiento. UPLINE incorpora un panel de control con pantalla LED mientras que UPLINE SMART va provista de un panel de control con pantalla táctil TFT y acceso internet. La diversión y el entretenimiento que ofrece esta línea de cardio profesional la convierten en una excelente opción para su centro fitness.

EN
Its services and the wide possibilities offered by the control panel, make it a line that allows the user to enjoy the training. UPLINE incorporates a control panel with LED display while UPLINE SMART is equipped with a control panel with TFT touch screen and internet access. The fun and entertainment offered by this professional cardio line make it an excellent choice for your fitness center.

FR
Ses services et les larges possibilités offertes par le panneau de commande, en font une ligne qui permet à l'utilisateur de profiter de la séance d'entraînement. UPLINE intègre un panneau de commande avec écran LED alors que SMART UPLINE est muni d'un panneau de commande avec écran tactile TFT et un accès Internet. Le fun et le divertissement qu'offre cette ligne de cardio professionnelle en font un excellent choix pour votre centre de remise en forme.

TREADMILL FH 9600B/FH 9600C

DIMENSIONS

Width	78 cm	**Height**	181 cm	Opcional Android
Lenght	230 cm	**Weight**	250 Kg	Sistem

ELLIPTICAL FH 6809

DIMENSIONS

Width	75 cm	**Height**	150 cm	Opcional Android
Lenght	210 cm	**Weight**	160 Kg	Sistem

VERTICAL BIKE FH 7806E

DIMENSIONS

Width	58 cm	**Height**	149 cm	Opcional Android
Lenght	153 cm	**Weight**	85 Kg	Sistem

HORIZONTAL BIKE FH 7806R

DIMENSIONS

Width	58 cm	**Height**	119 cm	Opcional Android
Lenght	153 cm	**Weight**	85 Kg	Sistem

MULTITRAINER TS 01

DIMENSIONS

Width	110 cm	**Height**	170 cm	Opcional Android
Lenght	200 cm	**Weight**	230 Kg	Sistem

FASTLINE
CARDIO FITNESS

ES
FAST LINE ofrece equipos de calidad, fáciles de usar. Diseñada con el apoyo de un equipo de biomecánicos, con el objetivo de ofrecer el mejor equipo, para el mejor entrenamiento. Todas las máquinas de esta línea tienen una consola intuitiva y de fácil manejo. Con sistema de control de ritmo cardíaco, el usuario puede hacer un seguimiento de los entrenamientos más intensos.

EN
FAST LINE offers quality equipment, easy to use. Designed with the support of a team of biomechanics, with the aim of offering the best equipment, for the best training. All the machines of this line have an intuitive console and of easy handling. With heart rate control system, the user can keep track of the most intense workouts.

FR
FAST LINE offre des équipements de qualité, facile à utiliser. Conçu avec le soutien d'une équipe de biomécaniciens dans le but de fournir le meilleur équipement pour le meilleure entrainement. Toutes les machines de cette ligne ont une console intuitive et facile à utiliser. Avec le système de contrôle de fréquence cardiaque, vous pouvez garder une trace des séances d'entraînement les plus intenses.

TREADMILL FHT 22

DIMENSIONS

Width	94,5 cm	**Height**	162 cm	Opcional Android
Lenght	222,5 cm	**Weight**	226 Kg	Sistem

ELLIPTICAL FHE 22

DIMENSIONS

Width	76 cm	**Height**	179 cm	Opcional Android
Lenght	212,5 cm	**Weight**	175 Kg	Sistem

VERTICAL BIKE FHB 22

DIMENSIONS

Width	59,5 cm	**Height**	150 cm	Opcional Android
Lenght	119,5 cm	**Weight**	66 Kg	Sistem

HORIZONTAL BIKE FHR 22

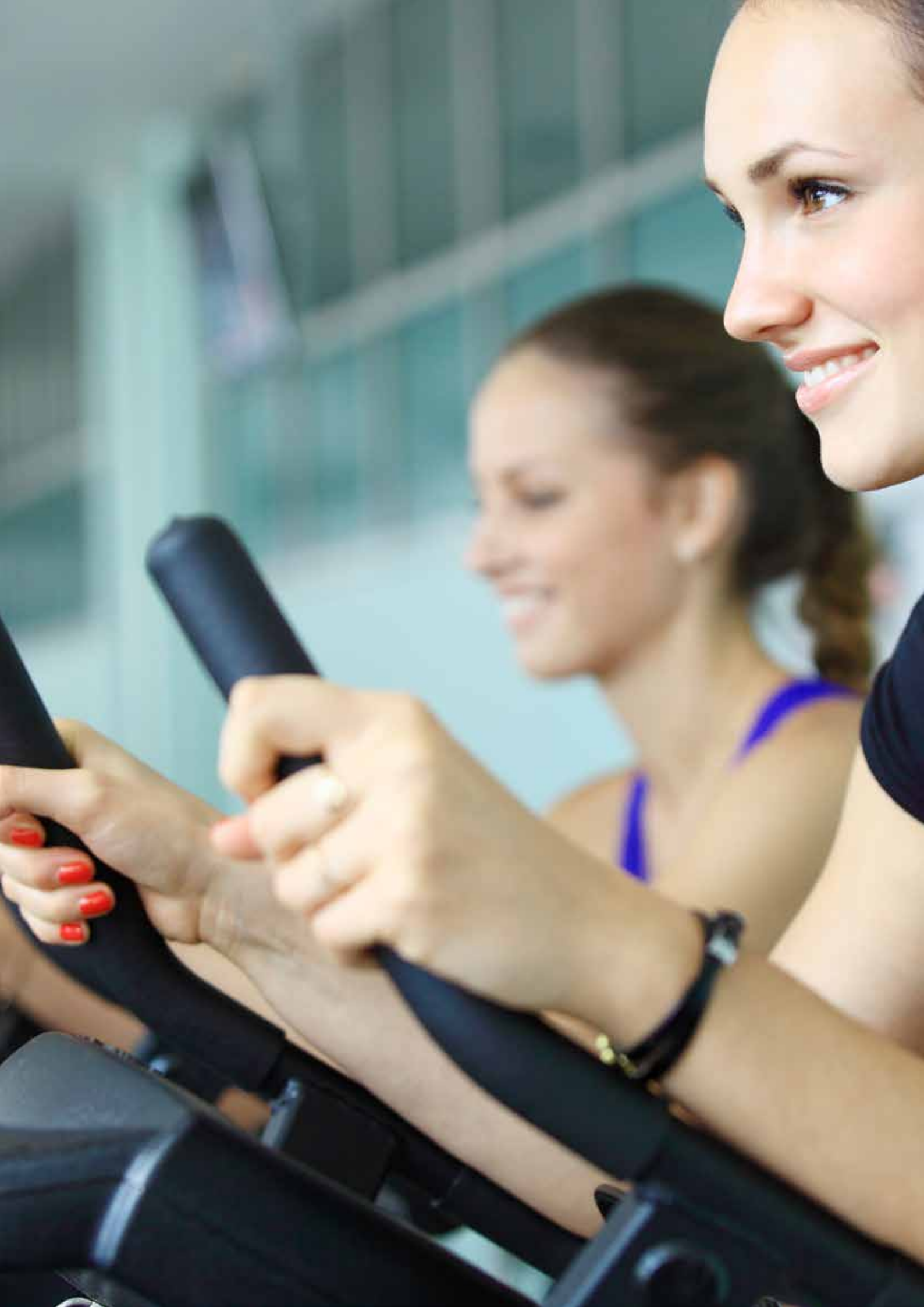
DIMENSIONS

Width	59,5 cm	**Height**	130,5 cm	Opcional Android
Lenght	198 cm	**Weight**	92,5 Kg	Sistem

ROWING MACHINE FHRW 22

DIMENSIONS

Width	62 cm	**Height**	125,5 cm
Lenght	246 cm	**Weigh**	46,5 Kg



EXPERIENCE
CARDIO FITNESS

ES
La serie EXPERIENCE les ofrece equipos de calidad, fáciles de usar. Se ha diseñado con el apoyo de un equipo de biomecánicos, que estudiaron el movimiento del cuerpo y como éste interactúa con la máquina con el objetivo de ofrecer el mejor equipo, para el mejor entrenamiento. Todos los equipos de esta línea tienen una consola intuitiva y muy fácil de utilizar. Y con el sistema de control de ritmo cardíaco, el usuario puede hacer un seguimiento de los entrenamientos más intensos.

EN
The EXPERIENCE series offers quality, easy to use equipment. It has been designed with the support of a team of biomechanics, who studied the movement of the body and how it interacts with the machine in order to offer the best equipment, for the best training. All the equipment of this line has an intuitive console and very easy to use. And with the heart rate control system, the user can keep track of the most intense workouts.

FR
La série EXPÉRIENCE offre des équipements de qualité, facile à utiliser. Il a été conçu avec le soutien d'une équipe de biomécaniciens, qui ont étudié le mouvement du corps et comment il interagit avec la machine afin de fournir le meilleur équipement pour le meilleure entrainement. Tous les équipements de cette ligne ont une console intuitive et facile à utiliser. Et avec le système de contrôle fréquence cardiaque , vous pouvez garder une trace des séances d'entraînement les plus intenses.

TREADMILL FH 8000BA

DIMENSIONS

Width	83 cm	**Height**	137 cm
Lenght	218 cm	**Weight**	179,5 Kg

ELLIPTICAL FH 8618A

DIMENSIONS

Width	80 cm	**Height**	175 cm
Lenght	220 cm	**Weight**	108 Kg

VERTICAL BIKE FH 8318LB

DIMENSIONS

Width	55 cm	**Height**	120,5 cm
Lenght	156 cm	**Weight**	58,6 Kg

HORIZONTAL BIKE FH 8318WB

DIMENSIONS

Width	65,8 cm	**Height**	175,4 cm
Lenght	134,1 cm	**Weight**	83,5 Kg

REDLINE
CARDIO SPORT

ES

RED LINE, consiste en una serie de máquinas cardiovasculares desarrolladas con el máximo nivel tecnológico que las hace ser sencillas en su manejo a la vez que profesionales en prestaciones.
Las nuevas máquinas están especialmente diseñadas e indicadas para centros deportivos. De funcionamiento sencillo e intuitivo, permite utilizarlas de una forma rápida, simple y segura convirtiéndose en una serie indispensable para este tipo de centros.

EN

RED LINE, consists of a series of cardiovascular machines developed with the highest technological level which makes them to be simple in handling both professionals in benefits. The new machines are specially designed and suitable for sports centres. Simple and intuitive operation, allows to use them in a fast, simple and secure way becoming an indispensable serie for this kind of centers.

FR

RED LINE, se compose d'une série de machines cardio-vasculaires développer avec le plus haut niveau de technologie qui rend simple sa manipulation en même temps que professionnels en prestation. Les nouvelles machines sont spécialement conçus et adaptés pour les centres sportifs. Fonctionnement simple et intuitif, permet l'utilisation d'une forme rapide, facile et sûr devenant une série indispensable pour ce type de centres.

TREADMILL FH 5000L

DIMENSIONS

Width	78 cm	**Height**	129 cm
Lenght	181 cm	**Weight**	99 Kg

ELLIPTICAL FH 7618B

DIMENSIONS

Width	68 cm	**Height**	180 cm
Lenght	180 cm	**Weight**	66,6 Kg

VERTICAL BIKE FH 7318LC

DIMENSIONS

Width	60 cm	**Height**	102 cm
Lenght	151 cm	**Weight**	40,2 Kg

HORIZONTAL BIKE FH 7318WD

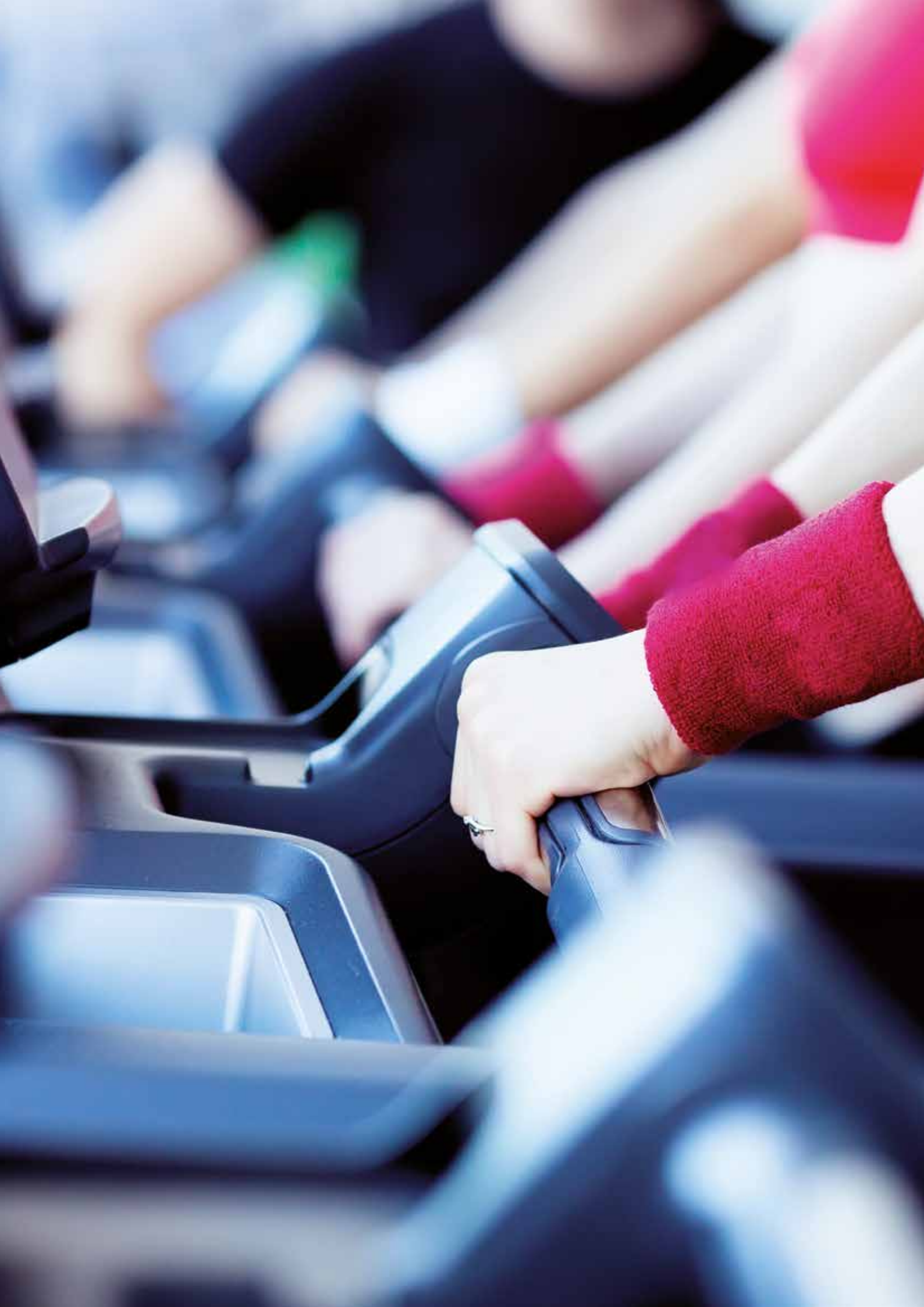
DIMENSIONS

Width	60 cm	**Height**	170 cm
Lenght	110 cm	**Weight**	55,1 Kg

ELLIPTICAL FH 7618A

DIMENSIONS

Width	67 cm	**Height**	158 cm
Lenght	146 cm	**Weigh**	58,9 Kg



ITS LINE

cardio collection

ES

Al subirse a cualquiera de las máquinas de ITS LINE, se sentirá transportado a su centro de entrenamiento.
La combinación de funciones junto con los programas personalizados y su gran variedad de opciones de entretenimiento le motivarán aprovechando al máximo su tiempo de ejercicio.
Con la línea ITS LINE podrá rendir al máximo, aprovechando cada minuto que dedica al entrenamiento de cada día.
Incorpora nuevas tecnologías avanzadas, que le ofrecen una mayor calidad de ejercicio, cuidando así de su bienestar y de su salud al mismo tiempo.

EN

When you climb on to any of the ITS LINE machines, you will feel transported to your training center. The combination of functions along with the personalized programs and their wide variety of entertainment options will motivate you taking full advantage of your exercise time. With the ITS LINE you can perform to the best, taking advantage of every minute you dedicate to the training of each day.
It incorporates new advanced technologies, which offer greater quality of exercise, thus taking care of your welfare and your health at the same time.

FR

En montant sur l'une des machines d'ITS LINE, vous vous sentirez transporté à votre centre d'entrainement. La combinaison des fonctions combinée aux programmes personnalisés et sa grande variété d'options d'entrainement vous motiverons profitant au maximum de votre temps d'exercice.
Avec la ligne ITS LINE vous aurez un rendement maximisé, profitant chaque minute que vous dédiez à l'entrainement quotidien. Incluant les nouvelles technologies avancées, qui vous offrent une meilleure qualité d'exercice, prenant soins ainsi de votre bien être et de votre santé en même temps.

TREADMILL RF 99/RF 99TV

DIMENSIONS

Width	91 cm	**Height**	157,5 cm
Lenght	226,5 cm	**Weight**	188 Kg

ELLIPTICAL CF 99/CF 99TV

DIMENSIONS

Width	69 cm	**Height**	96 cm
Lenght	232 cm	**Weight**	112 Kg

VERTICAL BIKE ST 99/ST 99TV

DIMENSIONS

Width	64 cm	**Height**	146,1 cm
Lenght	131,7 cm	**Weight**	60 Kg

HORIZONTAL BIKE RLF 99/RLF 99TV

DIMENSIONS

Width	64 cm	**Height**	72,7 cm
Lenght	187,2 cm	**Weight**	92 Kg

EXCEED

ES

Un nuevo concepto de entrenamiento Trainer-Dual EXCEED ofrece una nueva opción en entrenamiento de alta intensidad. Para entrenarse como los profesionales del atletismo, EXCEED es la manera para desafiar su fuerza y explorar su mente.

CONSOLA AJUSTABLE CON PANTALLA GRANDE

La pantalla muestra los datos de entrenamiento en tiempo real y el diseño ajustable en ángulo permite a los corredores tener la posición de monitoreo más clara durante el entrenamiento.

SISTEMA DE ENTRENAMIENTO DOBLE

El sistema de entrenamiento Doble ofrece diferentes niveles de entrenamiento. Podría alcanzar hasta 64 niveles diferentes de respuesta rápida.

FR

Un nouveau concept de travail Trainer-Dual EXCEED offrant maintenant une nouvelle option en entrainement de haute intensité. En s'entrainant comme les professionnels d'athlétisme, EXCEED est la façon de défier votre force et explorer votre esprit.

CONSOLE RÉGLABLE AVEC GRAND ÉCRAN

L'affichage montre les données d'entraînement en temps réel et la conception à angle variable permet aux coureurs d'avoir la position de contrôle la plus claire pendant l'entrainement.

SYSTÈME D'ENTRAINEMENT DOUBLE

Le système d'entrainement double offre différents niveaux d'entrainement pour l'endurance cardiovasculaire et musculaire du coureur. L'entrainement totale pourrait atteindre 64 niveaux de diversification en réponse rapide.

EN

A new concept of Trainer-Dual EXCEED training offers a new option in high intensity training. To train yourself as athletic professionals, EXCEED is the way to challenge your strength and explore your mind.

ADJUSTABLE CONSOLE WITH LARGE SCREEN

the display shows the training data in real time and the adjustable angle design allows the runners to have the clearest monitoring position during training.

DUAL TRAINING SYSTEM

The dual training system offers different levels of training. It could achieve up to 64 different levels of rapid response.

EXCEED FHDT 22

DIMENSIONS

Width 89,5 cm **Height** 149 cm

Lenght 227,5 cm

Running area 55x125,5 cm

Incline range 14,2 cm

CURWALKER

ES

CURWALKER, permite realizar una gran variedad de ejercicios con los que mejorar la fuerza, la velocidad, la potencia, la movilidad, el equilibrio y la coordinación en diferentes planos de movimiento.

Realiza un entrenamiento sin motor, el mismo usuario es el que pone el equipo en funcionamiento y lo controla acelerando rápidamente desde cero y manteniendo el ritmo deseado: caminar, correr o esprintar. Al desplazarse hacia la parte delantera de la plataforma se acelera el ritmo y hacia atrás el ritmo se reduce.

EN

CURWALKER, allows to perform a wide variety of exercises with which to improve strength, speed, power, mobility, balance and coordination in different movement planes.

It performs a training without motor, the same user is the one who puts the equipment into operation and controls it by accelerating quickly from scratch and maintaining the desired rhythm: walking, running or sprinting. Moving to the front of the platform accelerates the rhythm and backwards the rhythm is reduced.

FR

CURWALKER, permet d'effectuer une grande variété d'exercices avec lesquels améliorer la force, la vitesse, la puissance, la mobilité, l'équilibre et la coordination dans différents plans de mouvement.

Il effectue un entraînement sans moteur, le même utilisateur est celui qui met en marche l'équipement et le contrôle en accélérant rapidement à partir de zéro et en maintenant le rythme désiré: marcher, courir ou sprinter. Le déplacement vers l'avant de la plate-forme accélère le rythme et vers l'arrière le rythme se réduit.

CURWALKER FH LDT925B

DIMENSIONS

Width	89 cm	**Height**	142 cm	**Noise degree below**	80 dB
Lenght	200,9 cm	**Weight**	195 Kg	**Protection level**	IP 20

CARDCLIMB

ES

Este nuevo producto innovador, CARDCLIMB es la nueva generación de equipos cardiovasculares de fitness, diseñado para ofrecer una experiencia de ejercicio totalmente nueva. CARDCLIMB utiliza el sistema de potencia de alta tecnología con motor alternativo y transductor. Su seguridad durante el entrenamiento es nuestra prioridad. Con el sensor óptico y el sistema de seguridad, usted puede comenzar y disfrutar de esta nuevaforma de entrenar, sin la preocupacines. Ahora, prueba esta nueva tendencia y disfruta del entrenamiento con CARDCLIMB!

EN

This innovative new product, CARDCLIMB is the new generation of cardiovascular fitness equipment, designed to deliver a whole new exercise experience. CARDCLIMB uses the high-tech power system with an alternative motor and transducer. Your safety during training is our priority. With the optical sensor and safety system, you can start and enjoy this new way of training, without the worries. Now, try this new trend and enjoy the training with CARDCLIMB!

FR

Le nouveau produit innovant CARDCLIMB est la nouvelle génération d'équipement cardio-training conçu pour vous apporter une expérience d'exercice totalement nouvelle. CARDCLIMB utilise le système d'alimentation de haute technologie avec moteur à courant alternatif et transducteur. Votre sécurité pendant l'entraînement est toujours la priorité de notre préoccupation. Avec le capteur optique et le système de clé de sécurité, vous pouvez commencer et profiter de la nouvelle tendance de l'exercice sans craindre la chute. Maintenant, suivez la nouvelle tendance et profitez de l'entraînement avec CARDCLIMB!

CARDCLIMB FHST 22

DIMENSIONS

Width	100 cm	**Height**	214 cm	**Step area**	53x24,6x19 cm	**Start height**	26 cm
Lenght	156 cm	**Weight**	231 Kg	**Drive system**	2.0 AC MOTOR	**Step height**	19 cm

ELLIPTICAL

ES

¡Con esta elíptica el usuario consigue un stepper, una cinta de correr y una elíptica al mismo tiempo! Con la estructura variable de la zancada, los usuarios pueden cambiar el entrenamiento de la manera que les guste con una sola máquina cardio. Simplemente cambie sus pasos y disfrute de una experiencia de entrenamiento diferente!

EN

With this elliptical the user gets a stepper, a treadmill and an elliptical at the same time! With the variable structure of the stride, users can change the training in the way they like with a single cardio machine. Just change your steps and enjoy a different training experience!

FR

Un elliptique signifie que vous obtenez un stepper, un tapis de course et un elliptique en même temps! Avec la structure de foulée variable, les utilisateurs peuvent changer l'entraînement comme ils le souhaitent avec une seule machine cardio. Il suffit de changer vos pas et de profiter d'une expérience d'entraînement différente!

MULTITRAINER FHVE 22

DIMENSIONS

Width	71,6 cm	**Height**	176 cm	**Start height**	25,4 cm
Lenght	222 cm			**Pedal WXL**	17,3x40,6 cm

CICLO INDOOR

ES

Éste tipo de bicicletas de ciclo indoor, están diseñadas para simular una bicicleta real de montaña o carretera, haciendo que la experiencia sobre ella sea mucho más entretenida e intensa que la que podremos lograr con una bicicleta estática normal. Para ello, nos permiten realizar el ajuste de muchos elementos tales como el sillín, los pedales, la distancia al manillar, altura de éste... El principal punto que hace de éste tipo de bicicletas estáticas algo especial, es la posibilidad de ponerse de pie. Gracias a éste punto, tendremos la oportunidad de realizar entrenamientos de alta intensidad abriendo así, un nuevo abanico de entrenamientos con el que podremos sacar mucho más partido a éste tipo de bicicletas.

EN

These types of indoor cycle bikes are designed to simulate a real mountain bike or road, making the experience on it a lot more entertaining and intense than we can achieve with a normal static bike. To do this, they allow us to adjust many elements such as the saddle, the pedals, the distance to the handlebar, height of this ... The main point that makes this type of static bikes something special is the possibility of standing up. Thanks to this point, we will have the opportunity to perform high intensity workouts, opening a new range of workouts with which we can get much more out of this type of bikes.

FR

Ce type de vélo de cycle indoor sont conçus pour simuler un vrai VTT ou vélo de route, ce qui rend l'expérience beaucoup plus amusante et plus intense en comparaison à ce que nous pouvons réaliser avec un vélo d'exercice normal. Pour ce faire, nous permet de régler de nombreux éléments tels que le siège, les pédales, la distance du guidon et la hauteur de celui-ci... Le principal point qui fait de ce type de vélos d'exercice quelque chose de spécial est la capacité de se tenir debout. Grace à ce point, nous aurons l'occasion d'effectuer des séances d'entraînement à haute intensité ouvrant ainsi une nouvelle façon de s'entrainer avec laquelle nous pouvons obtenir des résultat beaucoup plus rapidement avec ce type de vélo.

FH 10 FH 10

DIMENSIONS

Width	53 cm	**Height**	100 cm
Lenght	115 cm	**Weight**	58 Kg

FITBIKE FT

DIMENSIONS

Width	50,5 cm	**Height**	123 cm
Lenght	122 cm	**Weight**	43 Kg

FH 500 FH 500

DIMENSIONS

Width	54 cm	**Height**	100 cm
Lenght	114 cm	**Weight**	60 Kg

STORM ST 100

DIMENSIONS

Width	100 cm	**Height**	54 cm
Lenght	100 cm	**Weight**	65 Kg

FHS 23 FHS 23

DIMENSIONS

Width	55,8 cm	**Height**	99,8 cm
Lenght	131,9 cm	**Weight**	40,3 Kg

FH 901 FH 901

DIMENSIONS

Width	54 cm	**Height**	121 cm
Lenght	134 cm	**Weight**	55,5 Kg

WIND BIKE FH C2P

DIMENSIONS

Width	76,5 cm	**Height**	142 cm
Lenght	123 cm	**Weight**	76,5 Kg

FITWALKER

ES

Cinta para caminar, funciona sin electricidad. Disponibles diferentes grados de intensidad del ejercicio, para adaptarse a cualquier tipo de usuario. Permite hacer de una actividad asequible a todo el mundo, realizando así una clase colectiva dinámica y divertida. Dirigida por un instructor técnico y al ritmo de la música, el caminar se convierte en una coreografía sencilla y amena.

Beneficios: trabajo cardiovascular al 100%, alto consumo calórico, actividad de bajo impacto para articulaciones, tonificación muscular del tronco inferior, sobre todo de glúteos y muslos.

EN

Treadmill, runs without electricity. Different degrees of exercise intensity available, to suit any type of user. It allows making of an activity accessible to everybody, thus realizing a collective class dynamic and amused. Directed by a technical instructor and to the rhythm of the music, the walk becomes a simple and pleasant choreography.

Benefits: cardiovascular work 100%, high caloric intake, low-impact activity for joints, toning the muscles of the lower trunk, especially buttocks and thighs.

FR

Tapis de course, fonctionne sans électricité. Différents degrés d'intensité de l'exercice, pour s'adapter à tout type d'utilisateur. Permet de rendre l'activité accessible à tous, réalisant une classe collective dynamique et amusante. Diriger par un instructeur technique et au rythme de la musique, la marche se convertie en une chorégraphie simple et agréable.

Bénéfices: travaille cardiovasculaire à 100%, grande consommation caloriques, activité de faible impact pour les articulations, tonification musculaire du tronc inférieur, surtout des fessiers et des cuisses.

FITWALKER FW 1000

DIMENSIONS

Width	75,6 cm	**Height**	144,5 cm
Lenght	140 cm	**Weight**	75 Kg

ELIPWALK

ES

El indoor walking se practica en grupo, está guiado por un monitor y se acompaña de música para ayudar a marcar la velocidad e intensidad del ejercicio. La bicicleta elíptica permite mantenerse de pie y el pedaleo de la máquina está acompañado del movimiento de brazos que se haría al caminar o al correr. Este movimiento, al ser realizado sobre la elíptica, tiene una mayor amplitud y causa un menor impacto sobre las articulaciones, a la vez que disminuye el deterioro de las mismas y el riesgo de sufrir una lesión.

EN

Indoor walking is practiced in a group, guided by a monitor and accompanied by music to help mark the speed and intensity of exercise. The elliptical bicycle allows you to stand and the pedaling of the machine is accompanied by the movement of arms that would be made when walking or running. This movement, when performed on the elliptical, has a greater amplitude and causes a smaller impact on the joints, while reducing the deterioration of the same and the risk of suffering an injury.

FR

Indoor walking est pratiquée en groupe, il est guidé par un moniteur et est accompagné de musique pour aider à régler la vitesse et l'intensité de l'exercice. Le vélo elliptique permet de se tenir debout et le pédalage de la machine est accompagnée par le mouvement des bras qui se fait en marchant ou en courant. Ce mouvement, à être effectuer sur l'elliptique, a une plus grande amplitude et provoque un impact plus faible sur les articulations, tandis que la détérioration de celles-ci et le risque de blessure diminue.

FH 6805 FH 6805

DIMENSIONS

Width 53,4 cm **Height** 137,2 cm

Lenght 137,2 cm

Strides 20" natural strides

AQUATIC ACCESSORIES

ES

Material de natación y deportes acuáticos para equipar vuestro centro deportivo o piscina. Se trata de productos pensados especialmente para el aprendizaje. Tanto material de natación como artículos para la práctica de otros deportes acuáticos. Si tus alumnos están iniciándose en el mundo de la natación, quizá necesites accesorios para natación como tablas, brazaletes, manguitos, aletas... Aquí te mostramos una pequeña parte de nuestros productos.

EN

Swimming equipment and water sports to equip your sports center or swimming pool. These are products specially designed for learning. As much material of swimming as articles for the practice of other aquatic sports. If your students are starting in the world of swimming, you may need swimming accessories such as boards, bracelets, cuffs, fins... Here we show a small part of our products.

FR

Matériel de natation et sports aquatiques pour équiper votre centre sportif ou piscine. Il s'agit de produits spécialement conçus pour l'apprentissage. Aussi bien le matériel de natation comme pour la pratique d'autres sports aquatiques. Si vos élèves commencent dans le monde de la natation, vous aurez besoin peut-être des accessoires de natation tels que des tables, des bracelets, des poignets, des volets ... Ici, nous montrons une petite partie de nos produits.

BIKE FH AQ194

DESCRIPTION

Prepared to work in swimming pools with depths between 110 and 145 cm. Sizes: Min. 100x66 cm/Max. 120x66 cm. Weight: 21 Kg.

STEP FH AQ03000

DESCRIPTION

Aquatic step made of PVC that easily sinks in water. Safe and stable inside the water. Easy to transport as it is a single element.

POOL NOODLES FH AQ01700

DESCRIPTION

Versatile material that by its shape, dimensions and color offer many possibilities. Made of closed cell foam, extra soft.

DUMBBELLS FH AQ22700

DESCRIPTION

Water dumbbells that offer resistance in water. Assorted colors. Price per pair

AQUATIC BELT FH AQ09501

DESCRIPTION

Water belt made of soft EVA. With elastic strap and seat belt. This product complies with EC regulations.

PULL BUOY FH AQ02200

DESCRIPTION

Aquatic training element made of closed-cell foam in one piece. Anatomical shape. Assorted colors.

SMOOTH FLOATING CAP FH AQ15901

DESCRIPTION

Floating tents made of closed cell foam, extra soft. Different sizes and thicknesses according to needs.

FLOATING CAP WITH HOLES FH AQ16402

DESCRIPTION

Floating carpet with holes that allow the baby to have a slight contact with the water. Assorted colours.

AQUATIC TABLE FH AQ02801

DESCRIPTION

Aquatic table made of closed cell foam, with a plastic film on two sides for strength and durability.

RIGID HANDLES FH AQ08101

DESCRIPTION

Water mitts with concave ergonomic shape for improved stability. Possibility of adjusting the rubber.

FINS FH AQ07601

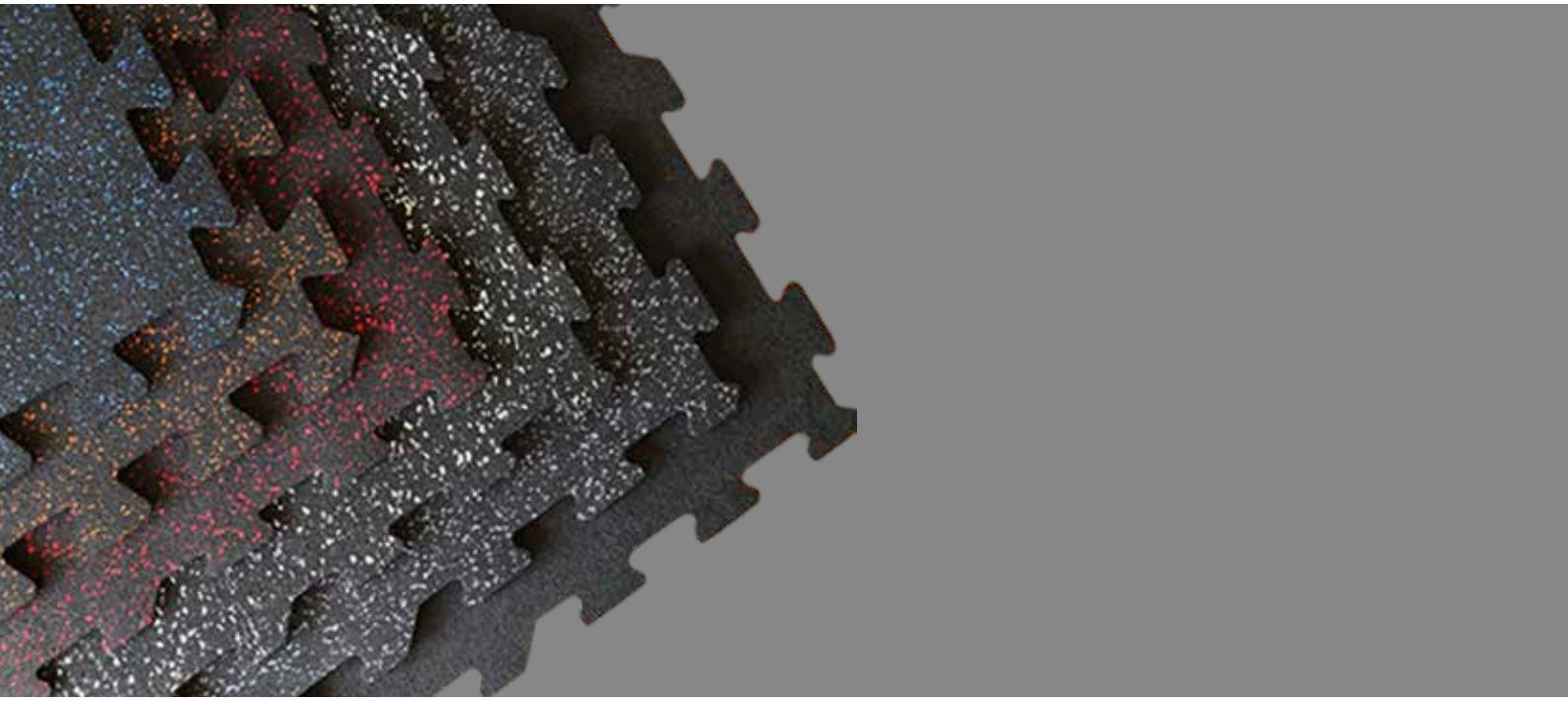
DESCRIPTION

Fins with a customizable anatomical design. Its ribs allow for a powerful and stable flutter. Available in different sizes. One Colour.

AQUATIC TOWELS FH AQ11500

DESCRIPTION

Soft and comfortable material. They offer average intensity for the work of the lower limbs. Velcro closure.



PAVEMENT

ES

Pavimento con excelente efecto amortiguador, características antideslizamiento. Casi indestructible, extremadamente resistente al uso. Atractivo diseño, antirreflejos. Antifatiga. Amortiguador de ruidos. Pavimento versátil y extremadamente resistente al uso. Idóneo para delimitar espacios como salas polivalentes, salas de spinning, zonas de cardio, zonas de peso libre, pasillos, vestuarios, recepción…

EN

Floor with excellent cushioning effect, non-slip features. Almost indestructible, extremely resistant to use. Attractive design, anti-reflective. Anti-tired. Shock absorber. Versatile and extremely resistant to use. Ideal for delimiting spaces such as multipurpose rooms, spinning rooms, cardio areas, free weight zones, corridors, changing rooms, reception…

FR

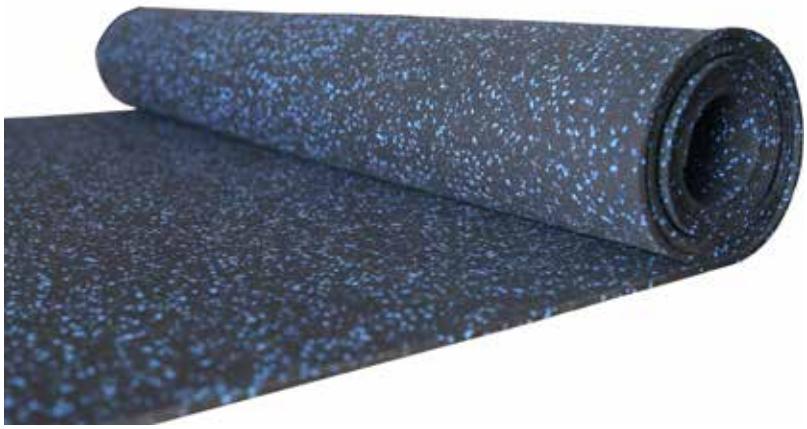
Dalle avec un excellent effet d'amortissement, les caractéristiques antidérapantes. Presque indestructible, extrêmement résistant à l'usure. Design attrayant, anti-reflets, antifatigue, silencieux, polyvalent et extrêmement résistant à l'usure. Convient pour les espaces étroits comme des salles polyvalentes, des salles de spinning, zones de cardio-training, des zones de poids libres, les couloirs, les vestiaires, la réception…

RUBBER MAT INDOOR RUBBER MAT

DESCRIPTION

Thickness 0,8 cm

Dimensions 100 x 100 cm



RUBBER ROLL RUBBER ROLL

DESCRIPTION

Thickness 0,5 cm

Dimensions Width: 125 cm/Length: 1500 cm

MELAMINE LOCKERS

ES

Módulos simples fabricados en melamina. Trasera en tabléx perforado y totalmente enmarcada. Cuerpo y puertas canteadas en PVC color gris plata. Cerradura estándar de lengüeta con bombillo extraíble y amaestrda. Otras opciones son: cerradura de resbalón, de moneda o de candado. Pies de PVC graduables en altura y placa numeración.

EN

Simple modules made of melamine. The back in tablex pierced and completely framed. Body and doors in silver grey PVC. Standard lock with removable cylinder and master key. Other options are: zipper lock, coin or padlock. Height adjustable PVC feet and numbered plate.

FR

Modules simples faits de mélamine. L'arrière en tablex percé et complètement encadré. Corps et portes en PVC gris légèrement argenté. Serrure standard avec cylindre amovible et clé maître. D'autres options sont: serrure à glissière, monnaie ou cadenas. Pieds en PVC réglables en hauteur et plaque numéroté.

1 DOOR FHTM

MELAMINE

DIMENSIONS

Width 50 cm **Height** 180 cm

Lenght 30/40 cm **Height feet** 10 cm

2 DOORS FHTM

MELAMINE

DIMENSIONS

Width 50 cm **Height** 180 cm

Lenght 30/40 cm **Height feet** 10 cm

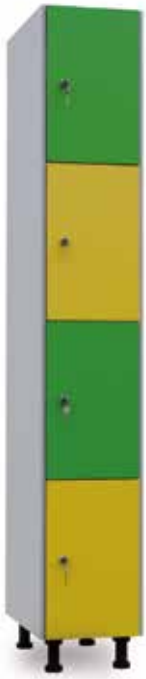
3 DOORS FHTM

MELAMINE

DIMENSIONS

Width 50 cm **Height** 180 cm

Lenght 30/40 cm **Height feet** 10 cm



4 DOORS FHTM

MELAMINE

DIMENSIONS

Width 85 cm **Height** 180 cm

Lenght 200 cm **Height feet** 10 cm

PHENOLIC LOCKERS

ES

Módulos simples fabricados en material compacto fenólico (puertas, cuerpo y estantes). Trasera en compacto perforada y totalmente enmarcada. Tornillería y bisagras en acero inoxidable. Cerradura estándar de resbalón con bombillo extraíble y amaestrada. Otras opciones son: cerradura de resbalón, de moneda o de candado. Pies de PVC graduables en altura y placa numeración.

EN

Simple modules make of phenolic compact material and aluminium profiles. Rear perforated. Stainless steel screws and hinges. Standard lock with removable cylinder and master key. Other options are: zipper lock, coin or padlock. Height adjustable PVC feet and numbered plate.

FR

Modules simples faits de matériel compact phénolique (portes, corps et étagères). Arrière en compact perforé et complètement encadré. Visserie et charnières en acier inoxydable. Serrure standard à glissière avec barillet amovible et clé maître. D'autres options sont: serrure à glissière, à monnaie ou cadenas. Pieds en PVC réglables en hauteur et plaque de numérotation.

1 DOOR FHTC

DIMENSIONS

Width	50 cm	**Height**	180 cm
Lenght	30/40 cm	**Height feet**	10 cm

2 DOORS FHTC

DIMENSIONS

Width	50 cm	**Height**	180 cm
Lenght	30/40 cm	**Height feet**	10 cm

3 DOORS FHTC

DIMENSIONS

Width	50 cm	**Height**	180 cm
Lenght	30/40 cm	**Height feet**	10 cm

4 DOORS FHTC

DIMENSIONS

Width	85 cm	**Height**	180 cm
Lenght	200 cm	**Height feet**	10 cm

PROFILED LOCKERS

ES

Módulos dobles/simples fabricados en material compacto fenólico y perfilería de aluminio. Trasera perforada. Tornillería y bisagras en acero inoxidable. Cerradura estándar de resbalón con bombillo extraíble y amaestrada. Otras opciones son: cerradura de resbalón, de moneda o de candado. Pies de PVC graduables en altura y placa numeración.

EN

Double/single modules made of phenolic compact material and aluminium profiles. Back perforated. Stainless steel screws and hinges. Standard lock with removable cylinder and master key. Other options are: zipper lock, coin or padlock. Height adjustable PVC feet and numbered plate.

FR

Modules double/simple fabriquer en matériel compact phénolique et profilés en aluminium. Arrière perforée. Vis et charnières en acier inoxydable. Serrure à glissement standard avec barillet amovible et qualifié. Serrure à glissière, à monnaie ou cadenas. Pieds en PVC réglables en hauteur et plaque de numérotation.

1 DOOR DOUBLE FHTP

DIMENSIONS

Width 50 cm **Height** 180 cm
Lenght 30/40 cm **Height feet** 10 cm

2 DOORS DOUBLE FHTP

DIMENSIONS

Width 50 cm **Height** 180 cm
Lenght 30/40 cm **Height feet** 10 cm

2 DOORS DOUBLE FHTP

DIMENSIONS

Width 50 cm **Height** 180 cm
Lenght 30/40 cm **Height feet** 10 cm

4 DOORS DOUBLE FHTP

DIMENSIONS

Width 85 cm **Height** 180 cm
Lenght 200 cm **Height feet** 10 cm

BENCHS

ES

Listones en compacto fenólico o madera de pino barnizado. Colgadores de aluminio. Estructura en acero pintado con pintura epoxi texturada o en acero inoxidable.

EN

Slats in phenolic compact or varnished pine wood. Aluminium hangers. Structure in painted steel with textured epoxy paint or stainless steel.

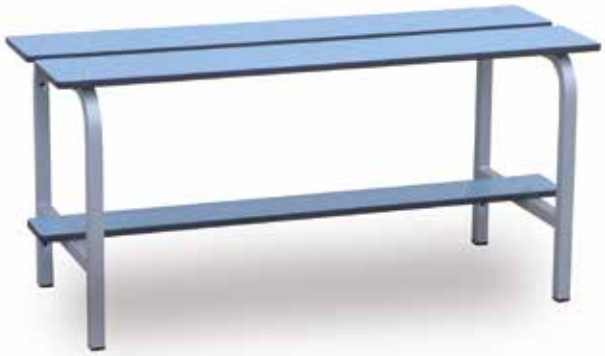
FR

Liteaux en phénolique compact ou de pin verni. Cintres en aluminium. Structure en acier peinte avec peinture époxy texturé ou en acier inoxydable.

SIMPLE BENCH BAN SM

DIMENSIONS
Width 38 cm **Lenght** Optional
Height 47,6 cm

WOOD



SIMPLE BENCH BAN SC

DIMENSIONS
Width 38 cm **Lenght** Optional
Height 46,8 cm

PHENOLIC

WALL BENCH BAN PM

DIMENSIONS
Width 36,2 cm **Lenght** Optional
Height 47,6 cm

WOOD

WALL BENCH BAN PC

DIMENSIONS
Width 37 cm **Lenght** Optional
Height 46,8 cm

PHENOLIC

4 FUNCTIONS BENCH BANRM

DIMENSIONS

Width 40,5 cm **Height 2** 47,6 cm

Height 1 178,6 cm **Lenght** Optional

WOOD

4 FUNCTIONS BENCH BAN RC

DIMENSIONS

Width 40,5 cm **Height 2** 46,8 cm

Height 1 177,8 cm **Lenght** Optional

PHENOLIC

DOUBLE 4 FUNCTIONS BENCH BAN DM

DIMENSIONS

Width 84 cm **Height 2** 47,6 cm

Height 1 178,6 cm **Lenght** Optional

WOOD

DOUBLE 4 FUNCTIONS BENCH BAN DC

DIMENSIONS

Width 84 cm **Height 2** 46,8 cm

Height 1 177,8 cm **Lenght** Optional

PHENOLIC

WORKOUT

ES

¿Qué es el Street Workout?
El Street Workout surgió en Brooklyn, Nueva York, y desde ahí ha tenido un boom de crecimiento en los últimos años con grupos organizados como Ruff Ryders en Estados Unidos o Bartendaz han contribuido a su difusión y han podido dar a conocer su trabajo gracias a YouTube donde miles de personas en todo el mundo los han visto y han empezado a practicarlo.
Los principales ejercicios son dominadas, flexiones de codo, o vulgarmente llamado "carrito", dips (barras paralelas o vulgarmente conocidos como fondos), Muscle-Ups, sentadillas, crunches (abdominales), entre otros.

EN

What is Street Workout?
The Street Workout was born in Brooklyn, New York, and since then has had a boom of growth in recent years with organized groups like Ruff Ryders in the United States or Bartendaz have contributed to its diffusion and have been able to make known their work thanks to YouTube Where thousands of people around the world have seen them and have begun to practice it.
The main exercises are dominated, elbow flexion, or commonly called "cart", dips (parallel bars or vulgarly known as funds), Muscle-Ups, squats, crunches (abdominal), among others.

FR

Qu'est-ce que le Street Workout?
Le Street Workout à surgit à Brooklyn, New York, et de là-bas a eu un boom de croissance ces dernières années avec des groupes organisés comme Ruff Ryders au Etats Unis ou Bartendaz ont contribué à sa diffusion et ont pu donner à connaitre leur travail grâce à YouTube où des milliers de personnes dans le monde entier les ont vus et ont commencés à s'exercer.
Les principaux exercices sont dominés, flexions du coude, ou vulgairement appelé « chariot », dips (barres parallèle ou vulgairement connus comme fonds), Muscle-Ups, sentadillas, crunches (abdominaux), entre autre.

EX 4P EX 4P

DIMENSIONS

Width	108 cm	**Height**	145 cm
Lenght	403,2 cm	**Weight**	77,5 Kg

EX 6P EX 6P

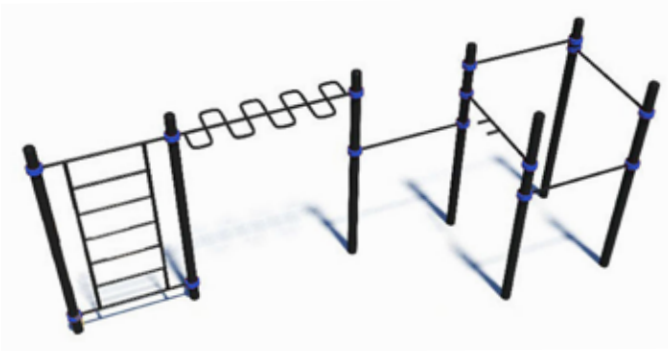
DIMENSIONS

Width	141,6 cm	**Height**	265 cm
Lenght	384 cm	**Weight**	276,4 Kg

EX 8P EX 8P

DIMENSIONS

Width	141,6 cm	**Height**	265 cm
Lenght	641,6 cm	**Weight**	434,4 Kg



EX 10P EX 10P

DIMENSIONS

Width	166,1 cm	**Height**	265 cm
Lenght	588,6 cm	**Weight**	321 Kg

EX 12P EX 12P

DIMENSIONS

Width	59,8 cm	**Height**	265 cm
Lenght	196,2 cm	**Weight**	95 Kg

EX 14P EX 14P

DIMENSIONS

Width	10,8 cm	**Height**	265 cm
Lenght	141,6 cm	**Weight**	103 Kg

EX 16P EX 16P

DIMENSIONS

Width	10,8 cm	**Height**	256 cm
Lenght	141,6 cm	**Weight**	120 Kg

EX 18P EX 18P

DIMENSIONS

Width	60 cm	**Height**	124 cm
Lenght	204 cm	**Weight**	40 Kg

EX 20P EX 20P

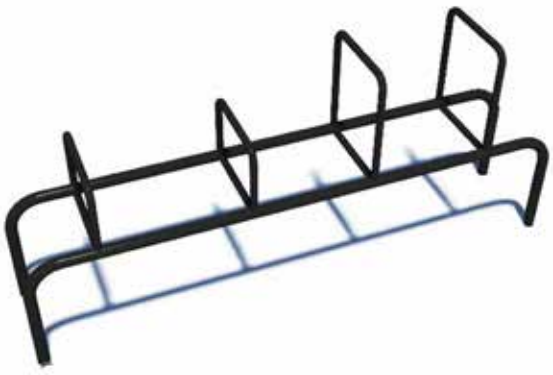
DIMENSIONS

Width	70,8 cm	**Height**	145 cm
Lenght	322,4 cm	**Weight**	132 Kg

EX 22P EX 22P

DIMENSIONS

Width	70,8 cm	**Height**	145 cm
Lenght	191,6 cm	**Weight**	91 Kg



EX 24P EX 24P

DIMENSIONS

Width	40 cm	**Height**	100 cm
Lenght	230,2 cm	**Weight**	53 Kg

EX 22P EX 26P

DIMENSIONS

Width	141,6 cm	**Height**	543 cm
Lenght	543 cm	**Weight**	251 Kg

EX 28P EX 28P

DIMENSIONS

Width	263,2 cm	**Height**	265 cm
Lenght	272 cm	**Weight**	350 Kg

EX 30P EX 30P

DIMENSIONS

Width	10,8 cm	**Height**	265 cm
Lenght	272,4 cm	**Weight**	103 Kg

EX 32P EX 32P

DIMENSIONS

Width	71,6 cm	**Height**	47,5 cm
Lenght	165 cm	**Weight**	81 Kg

EX 34P EX 34P

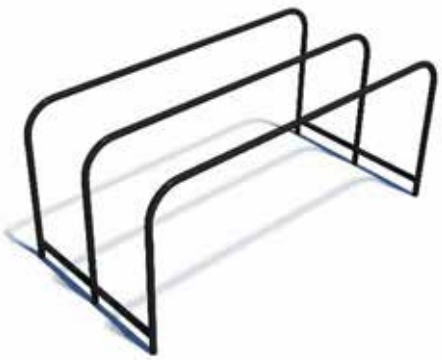
DIMENSIONS

Width	124,1 cm	**Height**	265 cm
Lenght	141,6 cm	**Weight**	111 Kg

EX 36P EX 36P

DIMENSIONS

Width	141,6 cm	**Height**	265 cm
Lenght	237,4 cm	**Weight**	153 Kg



EX 38P EX 38P

DIMENSIONS

Width	115,2 cm	**Height**	124 cm
Lenght	206 cm	**Weight**	60 Kg

EX 44P EX 44P

DIMENSIONS

Width	251,6 cm	**Height**	265 cm
Lenght	294,9 cm	**Weight**	279 Kg

EX 42P EX 42P

DIMENSIONS

Width	10,8 cm	**Height**	205 cm
Lenght	80,8 cm	**Weight**	57 Kg

EX 40P EX 40P

DIMENSIONS

Width	130,4 cm	**Height**	235 cm
Lenght	333,2 cm	**Weight**	192 Kg

EX 46P EX 46P

DIMENSIONS

Width	251,6 cm	**Height**	265 cm
Lenght	294,9 cm	**Weight**	279 Kg

CAGES INDOOR

ES

Las jaulas de entrenamiento funcional, convierte el espacio en una herramienta, ya que se trata de una estructura creada para facilitar la formación funcional y realizar un entrenamiento diferente y divertido.
Permite trabajar en cadena muscular, tanto cerradas como abiertas, y no con un trabajo analítico, sino un trabajo global imitando o desarrollando movimientos cotidianos.

EN

Functional training cages make space a tool, since it is a structure created to facilitate functional training and perform a different and fun training. It allows to work in muscular chain, both closed and open, and not with an analytical work, but a global work imitating or developing daily movements.

FR

Cages d'entrainement fonctionnelle, l'espace devient un outil car il est une structure créée pour faciliter l'entrainement fonctionnelle et de faire une séance d'entraînement différente et amusante. La chaîne musculaire permet de travailler à la fois fermée et ouverte, et non pas avec des travaux d'analyse, mais une imitation de travail global ou le développement de mouvements quotidiens.

FH A8000 FH A8000

DIMENSIONS

Width 360 cm **Height** 245 cm

Lenght 400 cm

DESCRIPTION

Multi station in which 16 people can work at the same time. Boxing gloves, kettlebel, climbing rope, Olympic disc, rings, trx, fitness ball, speed ladder.

FH A8001 FH A8001

DIMENSIONS

Width 340 cm **Height** 245 cm

Lenght 250 cm

DESCRIPTION

Multistation in which 7 people can work at the same time. Accessories (optional): medicinal ball. Boxing gloves, kettlebel, climbing rope, rings, trx, fitness ball, speed ladder.

FH A8002 FH A8002

DIMENSIONS

Width 250 cm **Height** 245 cm

Lenght 400 cm

DESCRIPTION

Multistation in which 7 people can work at the same time. Accessories (optional): medicinal ball. Kettlebel, climbing rope, olympic disk, rings, trx, fitness ball, speed ladder.

FH A8003 FH A8003

DIMENSIONS

Width 340 cm **Height** 245 cm

Lenght 430 cm

DESCRIPTION

Multistation in which 9 people can work at the same time. Accessories (optional): medicinal ball. Kettlebel, climbing rope, olympic disk, rings, trx, fitness ball, speed ladder.

FH A8004 FH A8004

DIMENSIONS

Width 300 cm **Height** 245 cm

Lenght 430 cm

DESCRIPTION

Multistation in which 9 people can work at the same time. Accessories (optional): medicinal ball. Boxing gloves, kettlebel, climbing rope, rings, trx, fitness ball, speed ladder.

FUNCTIONAL STRUCTURE A1 FH 550850

DESCRIPTION

Dimensions 120 x 120 x 275 cm. Includes 2 sets of J-cups. It does not include bars and bumpers. Columns made of steel profile.

FUNCTIONAL STRUCTURE A6 FH 550855

DESCRIPTION

Dimensions 120 x 112,5 x 275 cm. Includes 1 set of J-cups. The columns are made from steel the most resistant of the market.

FUNCTIONAL STRUCTURE C1 FH 550870

DESCRIPTION

Dimensions 120 x 120 x 275 cm. Its columns are made in 75 x 75 mm steel profile. The most resistant of the market.

FUNCTIONAL STRUCTURE C6 FH 550875

DESCRIPTION

Dimensions 120 x 112,5 x 275 cm. The C6 structure gives the user greater stability and resistance.

FUNCTIONAL STRUCTURE D1 FH 550880

DESCRIPTION

Dimensions 120 x 180 x 275 cm. The functional structure includes 2 sets of J-cups. It does not include bars and bumpers.

FUNCTIONAL STRUCTURE D6 FH 550885

DESCRIPTION

Dimensions 120 x 172,5 x 275 cm. Includes 1 set of J-cups. It does not include bars and bumpers. Anchor to flooring system.

FUNCTIONAL STRUCTURE A2 FH 550851

DESCRIPTION

Dimensions 292,5 x 120 x 275 cm. Functional structure A2 includes 2 sets of J-cups. Columns made from steel profiles.

FUNCTIONAL STRUCTURE A7 FH 550856

DESCRIPTION

Dimensions 292,5 x 112,5 x 275 cm. Includes 1 set of J-cups. It has holes in the 4 faces of the columns, to adjust the accessories.

FUNCTIONAL STRUCTURE C2 FH 550871

DESCRIPTION

Dimensions 292,5 x 180 x 275 cm. The columns are made of 75x75 mm steel profiles. Includes 2 sets of J-cups.

FUNCTIONAL STRUCTURE C7 FH 550876

DESCRIPTION

Dimensions 292,5 x 112,5 x 275 cm. The columns are made of 75 x 75 mm steel profiles. Includes 1 set of J-cups.

FUNCTIONAL STRUCTURE D2 FH 550881

DESCRIPTION

Dimensions 292,5 x 180 x 275 cm. Functional structure composed of posts includes hardware for mounting 2 sets of J-cups.

FUNCTIONAL STRUCTURE D7 FH 550886

DESCRIPTION

Dimensions 292.5 x 172,5 x 275 cm. The base is large with anchoring system to floor that gives great stability.

FUNCTIONAL STRUCTURE A3 FH 550852

DESCRIPTION

Dimensions 405 x 120 x 275 cm. The columns are made of 75 x 75 mm steel profile. Includes 4 sets of J-cups.

FUNCTIONAL STRUCTURE A8 FH 550857

DESCRIPTION

Dimensions 405 x 112,5 x 275 cm. Includes 2 sets of J-cups. Does not include bars and bumpers.

FUNCTIONAL STRUCTURE C3 FH 550872

DESCRIPTION

Dimensions 405 x 120 x 275 cm. Adjustable to the interests of the customer, its wide base makes it a stable structure.

FUNCTIONAL STRUCTURE D3 FH 550882

DESCRIPTION

Dimensions 405 x 180 x 275 cm. Includes 4 sets of J-cups. The columns are made of steel profile.

FUNCTIONAL STRUCTURE A4 FH 550853

DESCRIPTION

Dimensions 577,5 x 120 x 275 cm. Includes 4 sets of J-cups. The base is anchored to floor that gives great stability to all cage.

FUNCTIONAL STRUCTURE C8 FH 550877

DESCRIPTION

Dimensions 405 x 112,5 x 275 cm. The columns are made of 75 x 75 mm steel profile. Includes 2 sets of J-cups.

FUNCTIONAL STRUCTURE D8 FH 550887

DESCRIPTION

Dimensions 405 x 172,5 x 275 cm. Includes 2 sets of J-cups. Does not include bars and bumpers.

FUNCTIONAL STRUCTURE A9 FH 550858

DESCRIPTION

Dimensions 577,5 x 112,5 x 275 cm. Includes 2 sets of J-cups. The base is large in size with floor anchoring system.

FUNCTIONAL STRUCTURE C4 FH 550873

DESCRIPTION

Dimensions 577,5 x 120 x 275 cm. Includes 4 sets of J-cups. It does not include bars and bumpers.

FUNCTIONAL STRUCTURE C9 FH 550878

DESCRIPTION

Dimensions 577,5 x 112,5 x 275 cm. The base is large with anchoring system to floor that gives great stability.

FUNCTIONAL STRUCTURE D4 FH 550883

DESCRIPTION

Dimensions 577,5 x 180 x 275 cm. The base is large with anchoring system to floor that gives great stability.

FUNCTIONAL STRUCTURE D9 FH 550888

DESCRIPTION

Dimensions 577,5 x 172.5 x 275 cm. It can be adapted to suit any user thanks to its holes at different heights.

FUNCTIONAL STRUCTURE A5 FH 550854

DESCRIPTION

Measures 690 x 120 x 275 cm. Functional structure composed of posts and bars, includes hardware for mounting.

FUNCTIONAL STRUCTURE A10 FH 550859

DESCRIPTION

Dimensions 690 x 112,5 x 275 cm. The columns are made of steel profile. Includes 3 sets of J-cups.

FUNCTIONAL STRUCTURE BR-6F | BR-4F
FH 550781 | FH 550782

DESCRIPTION

Dimensions 182 x 182 x 275 cm | 122 x 182 x 275 cm. Modular system of functional station anchored to the wall.

FUNCTIONAL STRUCTURE BR-46R
FH 550785

DESCRIPTION

More than 30 different modular pieces to adapt the structure to your space and needs. Dimensions 182 x 122 x 275 cm.

FUNCTIONAL STRUCTURE BR-106R
FH 550787

DESCRIPTION

More than 30 different modular pieces to adapt the structure to your space and needs. Dimensions 304 x 182 x 275 cm.

FUNCTIONAL STRUCTURE BR-66BF | BR-46BF
FH 550783 | FH 550784

DESCRIPTION

Dimensions 182 x 182 x 275 cm. Modular system of functional station anchored to the wall.

FUNCTIONAL STRUCTURE BR-66R
FH 550786

DESCRIPTION

More than 30 different modular pieces to adapt the structure to your space and needs. Dimensions 182 x 182 x 275 cm.

FUNCTIONAL STRUCTURE BR-146R
FH 550788

DESCRIPTION

More than 30 different modular pieces to adapt the structure to your space and needs. Dimensions 335 x 182 x 275 cm.

FUNCTIONAL STRUCTURE C5 FH 550874

DESCRIPTION

Dimensions 690 x 120 x 275 cm. Includes 4 sets of J-cups. It does not include bars and bumpers.

FUNCTIONAL STRUCTURE C10 FH 550879

DESCRIPTION

Dimensions 690 x 112,5 x 275 cm. Functional structure composed of posts includes hardware for mounting 2 sets of J-cups.

FUNCTIONAL STRUCTURE D10 FH 550889

DESCRIPTION

Dimensions 690 x 172,5 x 275 cm. Functional structure composed of posts includes hardware for Assembly - includes 2 sets of J-cups. It does not include bars and bumpers.

FUNCTIONAL STRUCTURE E6 E7 FH 550890

DESCRIPTION

Dimensions 1147,5 x 390 x 365 cm. The columns are made of 75 x 75 mm steel profile. Does not include bars and bumpers.

FUNCTIONAL STRUCTURE E8 FH 550891

DESCRIPTION

Dimensions 1147,5 x 277,5 x 365 cm. Functional structure composed of posts and bars, includes hardware for mounting. Large base with its floor anchoring system.

FUNCTIONAL STRUCTURE BR-75 FH 550780

DESCRIPTION

Dimensions 7,9 x 1,82 x 3,65 m. Modular functional station system.

FUNCTIONAL STRUCTURE **BR-4R464** FH 550790

DESCRIPTION

More than 30 different modular pieces to adapt the structure to your space and needs. Modular system of functional station. Dimensions 426 x 122 x 365 cm.

FUNCTIONAL STRUCTURE **BR-6R464** FH 550789

DESCRIPTION

More than 30 different modular pieces to adapt the structure to your space and needs. Modular system of functional station. Dimensions 426 x 182 x 365 cm.

CAGES OUTDOOR

ES

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Permite trabajar en cadena muscular, tanto cerradas como abiertas, y no con un trabajo analítico, sino un trabajo global imitando o desarrollando movimientos cotidianos.

EN

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FR

Cages d'entrainement fonctionnelle, l'espace devient un outil car il est une structure créée pour faciliter l'entrainement fonctionnelle et de faire une séance d'entraînement différente et amusante. La chaîne musculaire permet de travailler à la fois fermée et ouverte, et non pas avec des travaux d'analyse, mais une imitation de travail global ou le développement de mouvements quotidiens.

FH CA4 FH CA4

COMPONENTS

Parallel bars/Wall bars/Chin up/Parallel bars/Wab board/Push up(high)/Push up(low)/Pull-up circles/Hand ring/Pull-up pulley/ Uneven bars/Pull-up rack/Ladder/Scaling ladder/Bat/Bounce/Riding Trainer/Taiji Wheel

FH FTP09 FH FTP09

COMPONENTS

Parallel bars/Wall bars/Chin up/Parallel bars/Wab board/Push up(**high**)/Push up(low)/Pull-up circles/Hand ring/Pull-up pulley/ Uneven bars/Pull-up rack/Ladder/Scaling ladder/Bat/Bounce/Riding Trainer/Taiji Wheel

FUNCTIONAL TRAINING ACCESSORIES

ES

El entrenamiento funcional, o functional training, es uno de los métodos más efectivos dentro del Fitness para conseguir no sólo la mejora del rendimiento físico y la quema de calorías, sino optimizar todo tu cuerpo logrando mayor coordinación, equilibrio y flexibilidad, a través del movimiento corporal en todos sus ejes, por ello se considera un entrenamiento completo. Aquí encontrarás una pequeña muestra de los accesorios necesarios para tu entrenamiento.

EN

Functional training is one of the most effective methods within the Fitness to achieve not only the improvement of physical performance and the burning of calories but also to optimize your whole body achieving greater coordination, balance and flexibility through body movement in all its axes, so it is considered a complete training. Here you will find a small sample of the accessories necessary for your training.

FR

L'entrainement fonctionnel ou fonctional training, est l'une des méthodes les plus efficaces au sein du fitness pour atteindre non seulement l'amélioration de la condition physique et brûler des calories, mais aussi optimiser votre corps pour améliorer la coordination, l'équilibre et la flexibilité par le mouvement corps dans tous ses axes, on le considère donc comme un entraînement complet. Vous trouverez ici un petit échantillon des accessoires nécessaires pour votre entraînement.

GYM RINGS WOOD FH 609286

DESCRIPTION

Rings made from wood of high strength of 23,5 cm in diameter (3 cm width). Tapes of 4.5 meters long x 2,5 cm width.

GYM RINGS ABS FH 609285

DESCRIPTION

Rings made of ABS high strength of 23.5 cm in diameter (3 cm width). Tapes of 4.5 meters long x 2, 5 cm width.

HANGER ARMS FH 609972

DESCRIPTION

Manufactured in highly resistant nylon and steel eyelets for more durability.

ANKLE SUPPORT INVERTED. PAIR FH 609977

DESCRIPTION

It consists of hooks to hang the legs in a horizontal bar. It is used to strengthen the abdominal muscles.

PULL UP BAR FH 550775

DESCRIPTION

Measurements. height 80 cm, 82 cm, length 128 cm wall distance and diameter bar 3.3 cm hold up to 250 kg.

PULL UP RACK MULTI GRIP FH 550776

DESCRIPTION

Manufactured in steel. To hang on wall and make flexing or turn it into a workstation. Dimensions: 127 x 55 x 50 cm.

SUSPENSION TRAINER RACK FH 550702

DESCRIPTION

System for anchoring to the ground, ideal for functional training exercises. Made of high strength steel. Suspension Trainer Rack 2 m. Suspension Trainer Rack 3 m Suspension Trainer Rack 4 m. Suspension Trainer Rack 5 m. Suspension Trainer Rack 6 m.

KETTLEBELL COMPETITION FH 550660

DESCRIPTION

Manufactured in steel. Dimensions 29 cm high x 18 cm diameter. 32 mm thick handle.

KETTLEBELL RUBBER WITH CHROME HANDLE FH 609600

DESCRIPTION

Handle polished chrome and rubber-coated base. Very safe and an innovative aspect.

KETTLEBELLS CAST IRON FH 609580

DESCRIPTION

Kettlebells made of cast iron. Very resistant and durable. 9 different weights, from 4 to 32 Kg.

VINYL KETTLEBELL FH 610020

DESCRIPTION

Dumbbell rack made of vinyl. Soft to the touch. Filled with cement. Good quality at the best price.

KETTLEBELL AJUSTABLE FH 609609

DESCRIPTION

Adjustable kettlebell. With different metal weights to adjust the weight in the exercise. 1 to 18 kg.

KETTLEBELL RACK FH 610029

DESCRIPTION

High: 72 cm. Width: 50 cm. Length: 150 cm

METAL HOOK FOR FUNCTIONAL ROPE
FH 609272

DESCRIPTION

Metal hook for functional rope.

FUNCTIONAL ROPE HANGER
FH 609273

DESCRIPTION

Hanger rope.

FUNCTIONAL ROPE FH 609266

DESCRIPTION

Made of braided synthetic material, supports very good moisture and abrasion. With protective tape on the end.

TREPAR ROPE FH 609271

DESCRIPTION

Rope with metal fixing ring at an end that allows its anchoring in the ceiling, or wall support.

DIP STAND FH 609296

DESCRIPTION

Easy to transport. Height 95 cm. Width under 72 cm. Width high 30 cm. Long 89 cm. Gap between bars, 52 cm.

PARALLEL BARS CLASSIC FH 609284

DESCRIPTION

Made of high quality steel. Non-slip feet. Dimensions: 78 x 46 x 74 cm.

BULGARIAN SAND BAG FH 650639

DESCRIPTION

A heavy duty weight bag, made of neoprene stuffed with sand. To perform squats, pull, throw, etc…

TYPHOON AQUA FH 550613

DESCRIPTION

Cylindrical bags filled with water. Depending on the amount of water it will create more or less instability. Length 75 cm. Ø 16 cm.

SCUD AQUA FH 550614

DESCRIPTION

Cylindrical bags filled with water. Length 110 cm. Ø 22cm. Made material for maximum strength.

AQA BALL FH 550615

DESCRIPTION

Balls filled with water. Depending on the amount of water it will create more or less instability.

MK2 AQUA FH 550612

DESCRIPTION

Cylindrical bags filled with water. Length 28 cm. Ø 16 cm. Up to 6 liters of water. With special valve to easily fill water and air.

WATER BAG FH 550620

DESCRIPTION

Cylindrical bags filled with water. Made material for maximum strength. With special valve to easily fill water and air.

HEAVY BAGS FH 550630

DESCRIPTION

Bags filled with sand. Interior padding and external soft vinyl. Weights from 6 Kg to 20 Kg.

SAND BAG FH 609282

DESCRIPTION

Locking system on the outside layer with zipper and double straps of pressure to make sure that the filling is not out.

HEAVY BAGS RACK FH 550629

DESCRIPTION

Manufactured in high resistance steel. Dimensions: 670 x 565 x 1.465 mm. Tube: 40 x 80 x 1.5 mm.

BULGARIAN MOON BAGS FH 650635

DESCRIPTION

Sacks for functional training made in highly resistant synthetic material.

MEDICAL BALLOON RUBBER HIGH GRIP FH 550104

DESCRIPTION

Cellular rubber medicine ball.

MEDICINE BALL WITHOUT REBOUND FH 550100

DESCRIPTION

Medicine balls without pot. Made of PVC by rotational molding in one piece. Very resistant. Dark green.

MEDICINAL DUAL GRIP FH 550520

DESCRIPTION

Improving the force base, joint integrity, coordination, range of motion and flexibility.

SOFT MEDINMAX BALL FH 550510

DESCRIPTION

Very nice touch, covered with nylon. A good way to exercise any area of your body, including the upper and lower extremities.

MEDICINAL MEDINMAX PRO BALL FH 550517

DESCRIPTION

Medical balloon medinmax pro.

WATER BALL FH 550625

DESCRIPTION

Balls filled with water. Depending on the amount of water it will create more or less instability.

SLAM BALL FH 504505

DESCRIPTION

Slam Ball various weights. Manufactured using rotational molding. Filled with sand. Without pot.

RACK FOR MEDICINE BALLS FH 550548

DESCRIPTION

Rack for medicine balls.

LONG MEDICINE BALLS WALL RACK FH 550905

DESCRIPTION

Long medicine balls wall rack. Dimensions: 360 x 40 x 91 cm.

MEDICINE BALLS WALL RACK FH 550906

DESCRIPTION

Medicine balls wall rack. Dimensions: 1320 x 910 x 400 cm.

COVERED MEDICINE BALLS FH 550546

DESCRIPTION

Cover with heavy-duty stitching. Nylon bag. 1.20 meters long strap. Adjustable to medicine balls up to 28 cm in diameter.

ROPE PRO MEDICINE BALLS FH 550547

DESCRIPTION

Covered medicine balls pro.

MEDICINAL BALL REBOUND FH 550550

DESCRIPTION

It combines a trampoline with a non-slip base for return with medicine balls. You can adjust the angle of rebound.

RESISTANCE TUBE FH 609905

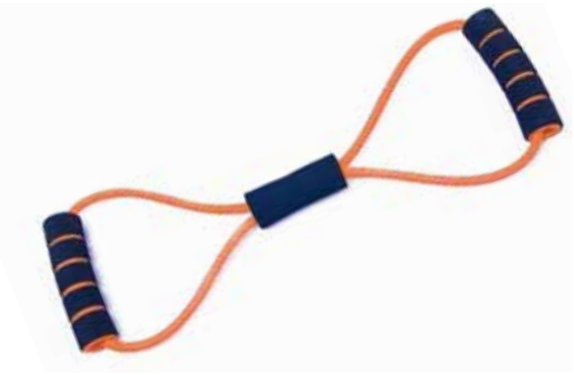
DESCRIPTION

Resistance tube 1,2 m. Orange color - Light. Green color - Medium. Blue color - Strong.

STRENGTH CENTRAL TAPE TUBE FH 609900

DESCRIPTION

Strength central tape tube. 1.20m Orange color - Light. Green - Medium. Blue - Strong.



BODY TONER FH 609920

DESCRIPTION

Orange color - light. Green color - Medium. Blue color - Strong.

8 POSITIONS SOFT ELASTIC STRAP 41 MM FH 550590

DESCRIPTION

Elastic band with 8 grips for hands and feet. Made of Nice, surrounded by a soft tissue elastic straps to the taco.

ELASTIC ROLLING BANDS FH 610075

DESCRIPTION

Elastic bands of the highest quality. Different resistances. Rolls of 25 m. Width 15 cm. High durability. Material rubber.

FLOSSBAND FH 609979

DESCRIPTION

Flossband light 1,0 mm x 208 cm red. Flossband average 1,3 mm x 208 cm grey. Strong Flossband 1,5 mm x 208 cm black.

RESISTENCE KIT FH 609892

DESCRIPTION

This resistance kit composed of: 1 door anchorage, 2 ankle grips, 2 hand grips, 5 elastics of different strengths.

ADJUSTABLE JUMPING KIT FH 609893

DESCRIPTION

Adjustable jumping kit.

DOOR TUBEX FH 609930

DESCRIPTION

Door tubex. For the performing different exercises.

SHOULDER PULLEY FH 609925

DESCRIPTION

Door tubex. For the performing different exercises.

HANDLES FOR LATEX BANDS FH 610078

DESCRIPTION

Handles for latex bands. Sets of two units.

TONING BAR FH 610071

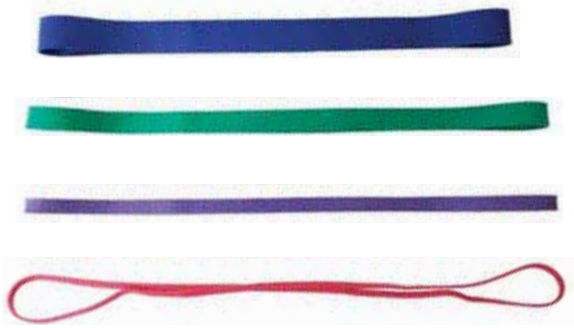
DESCRIPTION

Toning bar.

MINI BANDS FH 609246

DESCRIPTION

They are rubber bands to perform dynamic warm-ups. To perform side steps, leg extensions and balance exercises.



SUPER BANDS FH 609236

DESCRIPTION

Bands of different resistance rubber. Resistance according to colour: extra-strong: Blue. Strong: Green. Medium: Lila. Light: Red.

OCTAGON FH 609890

DESCRIPTION

Octagonal base for group or individual training. Maximum of 8 users at a time. Post of 50 mm.

THUNDER BANDS FH 609237

DESCRIPTION

Manufactured in a continuous loop of vulcanized natural rubber of the highest quality.

FUNCTIONAL ROPE FH 609931

DESCRIPTION

Set of 2 strings of 5 meters with grips. With protective tape at the ends to prevent fraying and provide better grip.

PUNCH TRAINER FH 609937

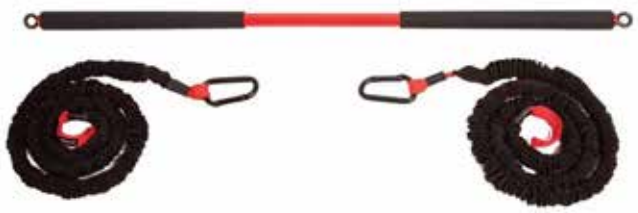
DESCRIPTION

Composed of a padded belt, 2 elastic tubes for arms and 2 for feet, Hand and foot fasteners with attached straps.

PUNCH TRAINER SUPERIOR FH 609883

DESCRIPTION

For arms training. Consisting of a jacket + elastic + 2 holds hands with tape.



STAB FIT FH 609287

DESCRIPTION

Composed of 1 detachable iron bar, 2 elastics of medium density and hooves. Bar length: 42 cm. Elastic tapes length: 160 cm.

BALANCE RUNNING BELT FH 609214

DESCRIPTION

Belt with two ranges hooked up to the sides and attachment to fixed at the other end. Useful for sprint stability.

DOUBLE ARM AND LEG MUSCLE TRAINING FH 609210

DESCRIPTION

Grip the arms or legs with point-to-point fixed hitch. For power, advanced stages of rehabilitation and warm-ups.

BELT FOR ENHANCING THE JUMPING FH 609216

DESCRIPTION

Belt with two erasers to anchor by means of a fixed ground point or hold 2 companions.

TRAINING RESISTANCE VEST FH 609204

DESCRIPTION

Vest padded with rubber and hook to point fixed. For power, advanced stages of rehabilitation and warm-ups.

RESISTANCE BELT FH 609202

DESCRIPTION

Resistance belt.

FOUR ELASTUBE FH 609880

DESCRIPTION

Strength training system. Composed of 4 Elastube elastic tubes of 120 cm + 2 grips of biceps + 2 ankle grips.

INDIVIDUAL ARM AND LEG MUSCLE TRAINING FH 609200

DESCRIPTION

Grip for arm or leg with fixed point hitch. Very useful, already that you can attach to any bar or another person to grasp it.

POWER ELASTICS WITH CARABINER FH 609800

DESCRIPTION

Elements from light to extra strong. In different measures and colours with metal hooks. Measure 120 cm.

STABFIT FH 609885

DESCRIPTION

Metallic stick of length 42 cm, for connection with elastic With rugged area of rubber for extra grip. Weight 2 kg.

ANCHORAGE FOR SUSPENSION TRAINER FH 609278

DESCRIPTION

Anchor point. You can attach it to the ceiling, wall or beam.

WRIST GRIP WITH STRAP FH 609861

DESCRIPTION

Grip dolls, with clamping sheath. Set 2 u. manufactured in Nylon with high resistance with velcro adjustment.

ANKLE GRIP WITH STRAP FH 609862

DESCRIPTION

Grip ankle, with clamping sheath. Manufactured in Nylon with high resistance with velcro adjustment. Set 2 u.

ANKLES AND WRIST GRIP FH 609863

DESCRIPTION

Grip ankle-doll. Set 2 u. Manufactured in nylon with high resistance with velcro adjustment.

ALUMINIUM GRIP HANDLES WITH RUBBER FH 609860

DESCRIPTION

Grip handles for maximum grip rubber-coated aluminium tube. Maximum quality. Set 2 u.

3 HOOKS BELT FH 609868

DESCRIPTION

Belt 3 hooks, 1 center + 2 sides. Made of high strength nylon. Adjustable. One size.

SIMPLE ANCHORAGE FH 609869

Manufactured in highly resistant nylon. To hold the elastic tubes Elastube to a fixed point or by hand.

DRAGGING BELT FH 609867

Manufactured in highly resistant nylon. Adjustable. One size.

BICEPS GRIP FH 609865

DESCRIPTION

Biceps grip. Made of Nylon with high resistance with velcro adjustment. Set 2 u.

THIGH GRIP FH 609864

DESCRIPTION

Made of high strength nylon with velcro adjustment. Set 2 u.

FUNCTIONAL BUCKLES VEST FH 550551

DESCRIPTION

Functional jacket with buckles to perform resistance exercises in multi-directional trainings. One size.

HARNESS VEST FH 609866

DESCRIPTION

Adjustable. Manufactured in highly resistant nylon.

SPEED JUMP ROPE ALUMINIUM FH 609943

DESCRIPTION

Composed of a coated metal cable and the spinner. Great resistencia longitude adjustable anodized aluminium grips.

ROTATION SPEED ROPE FH 609944

DESCRIPTION

With central rotating shaft with bearings. Anchor offset for more inertia of the rope. Made of aluminium.

SPEED JUMP ROPE FH 609941

DESCRIPTION

Steel cable. With high speed bearing. For double jumps.

FITNESS ROPE FH 609940

DESCRIPTION

With weight inside to harden the exercise.

SET METAL JUMP PLATFORM FH 550568

DESCRIPTION

Set 3 units. Dimensions 30 x 45 x 61 cm. includes bases and rubber work area, thus avoiding possible landslides.

3 POSITION JUMP BOX FH 550570

DESCRIPTION

Rectangular drawer leap made in soft but stable material. Coated leather. Dimensions: 50,8 x 60,9 x 76,2 cm.

WOODEN BOX FH 550566

DESCRIPTION

Heights of 51 x 61 x 76 cm. natural wood of great resistance. Supplied screws and tool, but not the glue.

ANTI-INJURY 4-PIECE JUMP PLATFORM FH 550574

DESCRIPTION

EVA with PU foam core. With long velcro strips to be able to stack the different blocks to desired height.

WOODEN BLACK FH 550567

DESCRIPTION

The measures 40, 50 and 60 cm will depend on the position of the box, which makes it ideal for athletes of all levels.

REACTION BALL FH 550605

DESCRIPTION

Throw it to the ground and begins persecution after the rebound. It improves hand-eye coordination.

TRAINING MINI HURDLES FH 642000

DESCRIPTION

One piece. Without elbows. Several dimensions 15,30 and 50 cm.

SET OBSTACLES JUMP FH 642045

DESCRIPTION

Set obstacles jump (2 cones, brackets and stick).

AGILITY RINGS FH 550608

DESCRIPTION

Rings made in vinyl flexible to fit any area, including herb and can be used to create functional exercises. Set 12 u.

AGILITY PLAIN STAIRS FH 642037

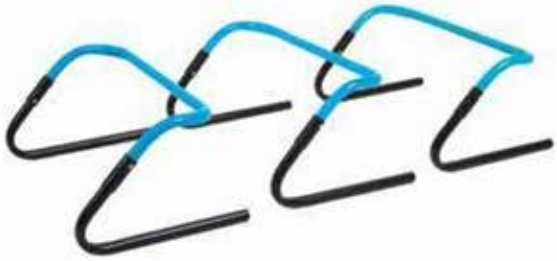
DESCRIPTION

Agility plain stairs. Length 4 m. Width 50 cm. Thick 6 mm. Made of non-slip rubber.

AGILITY STAIRS FH 642035

DESCRIPTION

Training length 4 m.



DOUBLE HEIGHT HURDLES FH 642011

DESCRIPTION

Functional training jump fences double-height. Height of 20 and 30 cm width 46 cm. made in reinforced plastic tube.

MINI PRO HURDLES FH 642012

DESCRIPTION

Mini-Fence training. 12, 20 and 30 cm height.

PLASTIC ATHLETIC HURDLE INITIATION FH 570922

DESCRIPTION

Plastic athletic hurdle initiation. Height adjustable from 55 to 95 cm.

ALUMINIUM ATHLETIC HURDLE SENIOR FH 570920

DESCRIPTION

Aluminium athletic hurdle senior. Height adjustable from 68 to 106,7 cm.

AB MAT FH 550597

DESCRIPTION

Dimensions 37 x 30 x 6 cm.

SPEED POWER PARACHUTE FH 642030

DESCRIPTION

Parachute speed enhancer.

PULL SLEIGH FH 642041

DESCRIPTION

Adjustable weight. Includes belt, cord hitch, sleigh and 3 empty sacks which can be stuffed with 5 kilograms of sand.

SPEED POWER SLEIGH FH 642040

DESCRIPTION

Vertical stick to put weight plates. Measures 50 x 37cm. Corde length: 5 m.

PUSHING SLED FH 550846

DESCRIPTION

Pushing sled made of steel and painted in black. Central steel base plate to add disks and increase the weight.

WEIGHT SLED FH 55084

DESCRIPTION

Solid steel feet for smooth pushing/pulling on different surfaces. You can place heavy discs for increasing resistance.

FITNESS WHEEL PRO FH 550596

DESCRIPTION

Training wheel with pedals and foam grips.
Wheel diameter: 35.5 cm.

FITNESS WHEEL FH 550595

DESCRIPTION

Made of plastic with steel tire. Comfortable grips

CORE WHEELS FH 550594

DESCRIPTION

Core wheels, perfect for a complete body training, to reinforce shoulders, torso, hips. With ergonomic handles, confortable grip.

PUSH-UP BARS FH 609942

DESCRIPTION

Permitts a natural movement of the arms during pushups. Helps to reduce the joint tensión. Perfect for any level of fisical condition.

JUMP FITNESS TRAMP FH 609945

DESCRIPTION

Jump fitness tramp. Diameter: 95 cm. Interior Diameter: 70 cm. Height: 33 cm, Easy to stack,

STEP FH 610050

DESCRIPTION

Step professional. Complete set. Maximum stability. Eight rubber stops for avoiding sliding.

ELASTIC TRAMPOLINE FH 300200

DESCRIPTION

Elastic trampoline 110 x 110 cm.

WEIGHTED ANKLES FH 610057

DESCRIPTION

Set of 2 units Weight 1 kg. made in Neoprene. New ergonomic design for making easyer the movements.

FURNITURE PROFESSIONAL STEP FH 07200

DESCRIPTION

Support made of oval steel tube suitable for 16 step platforms. Includes wheels. Does not include platforms.Size: 113x47x196 cm.

WEIGHTED WISTBANDS FH 610056

DESCRIPTION

Set of 2 units Weight: 500 grs. Made in Neoprene. New ergonomic design for easyer movement.

WEIGHTED WRISTBANDS - ANKLES FH 610065

DESCRIPTION

Set of 2 units. To be used for wrists and ankles. Made of neoprene filled with sand. Adjustable to any size.

BODY BAR FH 610000

DESCRIPTION

Made of very resistant steel, recovered with reinforced non-slip rubber. Very easy to clean.

SAND BELLS FH 650643

DESCRIPTION

Neoprene bags filled with sand. Different weights.It is a mix between sandbag and dumbell.

FURNITURE FOR WEIGHT RODS AND SPADES FH 610047

DESCRIPTION

Mueble para barras de peso y picas. Medidas: 110 x 50 x 40 cm. Sticks rack. Dimensions: 110 x 50 x 40 cm.

HEXAGONAL DUMBBELLS FH 609948

DESCRIPTION

With chromed steel handle of 13 cm. Sides in rubber. Being hexagonal they lean on the ground without fear of movements.

HEXAGONAL DUMBBELLS RACK FH 609971

DESCRIPTION

Dimensions: Length of to ledge for dumbells 150 cm. 3 ledges in total. Total dimension: 161,5 x 55 x 85,5 cm.

NEOPRENE WEIGHT VEST FH 550552

DESCRIPTION

Ergonomic weight vests made of neoprene. It adjust perfectly to your body and are specially confortable.

ADJUSTABLE WEIGHT VEST FH 550555

DESCRIPTION

Weight adjustable with soft sand bags.

WEIGHT LIFTING LEATHER BELT FH 609291

DESCRIPTION

Quilted weight lifting leather belt. High resistant, cromed buckle. S: 105 x 11 cm. M: 115 x 11 cm. L: 125 x 11 cm.

WEIGHT LIFTING NEOPRENE BELT FH 609292

DESCRIPTION

Size: length: 110cm. ; width: 12 cm. Material: EVA + Polyester.

TOTAL CORE FH 550560

DESCRIPTION

Total core for functional exercises. Olympic bar and plates.

CORE TRAINER FH 550561

DESCRIPTION

To carry out a multitude of functional exercises, using olympic plates and bars. Don't include the bar, not the dishes.

DIP BELT FH 609277

DESCRIPTION

Loading belt to do pull-ups.

WEIGHT LIFTING WRIST STRAPS FH 609978

DESCRIPTION

To stabilize the wrist exercises weight-lifting, cross training, etc... Velcro grip.

OLIMPIC BARS WITH BEARINGS FH 609622

DESCRIPTION

These olympic bars are recommended for cross training or crossfit exercises.

TOTAL CORE HANDLES FH 550562

DESCRIPTION

Bar handles core trainer 50 mm.

BLACK RUBBER OLYMPIC PLATE FH 609615

DESCRIPTION

Olympic plate black rubber with handles. Ø hole 5 cm.

FARMER'S WALK HANDLE FH 550836

DESCRIPTION

Made of steel. Painted in black. Special handles for better grip. 50 mm diameter. Set of 2 units.

HEX BAR FH 550834

DESCRIPTION

Dimensions: 180 x 54 cm diam. 28mm. Made of high resistant steel. Max. charge: 150 kg.

LOG BAR FH 550830

DESCRIPTION

Dimensions: 165 x 22 x 22cm diam. 28 mm. For discs of 50 mm. Weight 35 kg. Max. charge: 300 kg. Made of steel.

SWISS BAR FH 550832

DESCRIPTION

Dimensions: 210 x 19 x 70 cm. Weight 10 kg. Diam. 28 mm. For discs of 50mm. Max. charge 300 kg. Made of steel.

PADDED BAR PROTECTOR FH 609631

DESCRIPTION

Padded bar protector.

ABS COLLARS FOR BARS FH 609629

DESCRIPTION

Professional ABS collars for bars.

HOOK FOR OLYMPIC BARS FH 609630

DESCRIPTION

Tweezers for olympic bars. Set 2 units.

OLYMPIC NECKLACE ALUMINIUM FH 609612

DESCRIPTION

Olympic necklace aluminium.

SILICONE GRIP BARS FH 609975

DESCRIPTION

Convert your bars into thick bars. Muscular increasement. Made of nonslip and very resistant material.

NECK BAR PROTECTOR FH 550837

DESCRIPTION

Bar neck protector. Black colour.

BARS TO PLATES ADAPTER FH 609973

DESCRIPTION

Adaptor for plates of 50 mm. You can use bars of 28 mm or 30 mm thickness using these adaptors.

PRO BAR PROTECTOR FH 550836

DESCRIPTION

Protective bar PRO. Made in Foam NBR. Dimension: 46 cm. Diameter: 10 cm.

MINI DEADLIFT JACK FH 550844

DESCRIPTION

Complement to change the plates in a comfortable and simple way. Manufactured in steel.

ADJUSTABLE JERK BOXES FH 550849

DESCRIPTION

Manufactured in high resistance steel. Holds up to 800 Kg. With area of rubber. Dimensions: 98 x 95 x 90-115 cm.

WALL RACK FOR OLYMPIC BARS FH 550843

DESCRIPTION

Save space in you studio! Made of high resistant steel, with holders made of plastic to not damage the bars.

OLYMPIC BAR HOLDER FH 550842

DESCRIPTION

Floor rack for olimpic bars. Base for 11 olimpic bars of diam 50mm. Dimensions 77 x 63 x 18 cm. Made of steel.

9 BAR HOLDER FH 550847

DESCRIPTION

9 bars ground support. Dimensions: 45,7 x 45,7 x 22 cm.

PLATE HOLDER PLUS FH 550839

DESCRIPTION

Support for Plus Plates. Dimensions: 78,6 x 153,8 x 60 cm.

VERTICAL PLATE HOLDER FH 550841

DESCRIPTION

With incorporated wheels for easier handling. Dimensons: 59 x 59 x 105 cm, weight 6.5kg max. charge 160 kg.

HORIZONTAL PLATES SUPPORT FH 550840

DESCRIPTION

With incorporated wheels for easier handling. Dimensions: 109 x 39 x 35 cm Max. charge 220 kg. Weight 20 kg. Made of steel.

PLATE HOLDER FH 609633

DESCRIPTION

Support for plates. 90 cm high, 40 cm width

COMPETITION 3X3 CAGE 2 FH 550828

DESCRIPTION

It has protections in the supports to avoid the wear by the use. Dimensions 120 x 245 x 120 cm.

ADJUSTABLE SQUAT RACK FH 550820

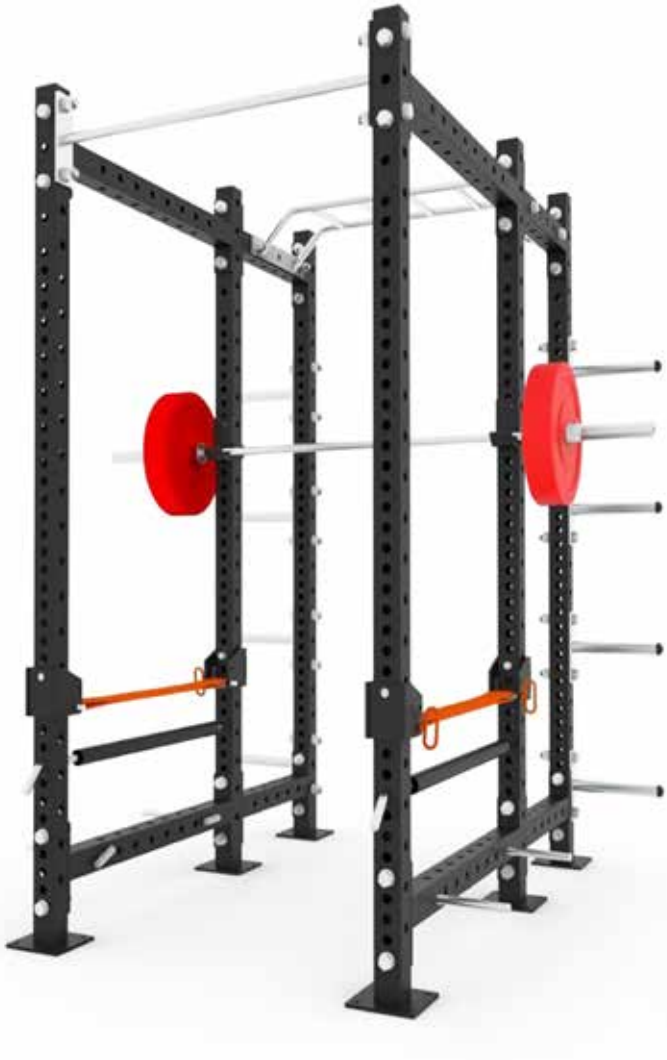
DESCRIPTION

Made of steel tube 70 x 50 x 2.0 mm. Height adjustable from 113 to 170 cm. Horizontal adjustment from 70 to 120 cm.

SQUAT RACK FH 550821

DESCRIPTION

Made of steel tube 50 x 50 x 1.5 mm. height adjustable from 107 to 183 cm. Dimensions 53 x 59 cm. Weight 19 kg.



COMPETITION 3X3 CAGE 3 FH 550829

DESCRIPTION

It is a designed durable equipment that allows to perform a variety of exercises. Dimensions: 245 x 175 x 192 cm.

GHD PROFESIONAL FH 550806

DESCRIPTION

Dimensions 177 x 90 x 105 cm. Total weight 64 kg.

SAFETY SQUAT BAR FH 550833

DESCRIPTION

Safety Squat Bar.

FUNCTIONAL BENCH FH 550810

DESCRIPTION

Padding is thick offering maximum comfort and durability. Made from steel. Measures of bed 115 x 24 x 7 cm. Weight 16 Kg.

SQUAT WALL RACK FH 550819

DESCRIPTION

Folding wall, the best choice for garage gyms, and canters where you have to save space. Dimensions: 178 x 82 x 120 cm.

SQUAT RACK PULL UP FH 550822

DESCRIPTION

Dimensions: 180 x 184 x 246 cm. Tube diam. 70 x 50 x 2 mm 60 x 60 x 2 mm. Includes spotter arma, cup ets etc.

POWER RACK FH 550825

DESCRIPTION

Dimensions 148 x 122 x 211 cm. Steel tube o s50 x 50 x 2 mm.

SMITH MACHINE MEDIA FH 550826

DESCRIPTION

With smith machine middle get to increase strength and muscle growth throughout the entire region of the shoulder.

HIP THRUSTER FH 550815

DESCRIPTION

Hip Thruster is the perfect tool for hip thrusts workouts and the best glute development exercise.

ADJUSTABLE FUNCTIONAL BENCH FH 550812

DESCRIPTION

Made of steel. Total dimensions 188 x 60 x 52 cm. Adjustable from 20° to 85°, weight 37 kg.

SUPPORT BARS IN STRUCTURE FH 550771

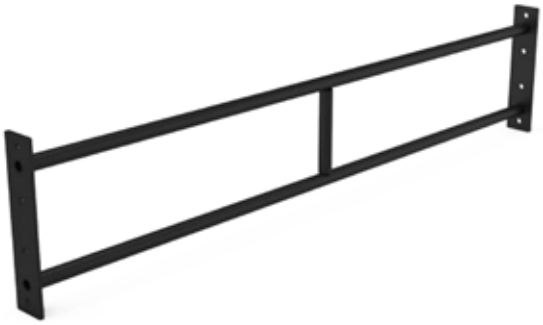
DESCRIPTION

Support bars in structure.

SMITH MACHINE FH 550827

DESCRIPTION

Smith Machine. Dimensions: 170,2 x 147,5 x 211 cm.



CROSS BAR 1,82 M FH 550736

DESCRIPTION

Double chin up for functional stations. Length 1,82 cm. Made of high strength steel for durability and maintenance.

CROSS BAR 1,2 M FH 550737

DESCRIPTION

Double chin up for functional structures. Length of 1,2 m. Made of high strength steel.

MUSCLE-UP BAR 1,2 M FH 550740

DESCRIPTION

Muscle-up Bar 1,2 m for functional structures. Diameter of the bars 32 mm.

MUSCLE-UP BAR 1,82 M FH 550741

DESCRIPTION

Muscle-up Bar 1,82 m for functional structures. Diameter of the bars 32 mm.

MUSCLE-UP BAR 1,2 M MONKEY BARS FH 550743

DESCRIPTION

Muscle-up Bar 1,2 m. For functional structures. Diameter of the bars 32 mm. With support for Monkey bars.

MUSCLE-UP BAR 1,82 M MONKEY BARS FH 550742

DESCRIPTION

Muscle-up Bar 1,82 m. For functional structures. Diameter of the bars 32 mm. With support for Monkey bars.

CROSS BAR 1,2 M PARA MONKEY BARS FH 550744

DESCRIPTION

Cross Bar 1,2 m with support for Monkey Bars. Diameter of bar 32 mm.

CROSS BAR 1,82 M PARA MONKEY BARS FH 550745

DESCRIPTION

Cross Bar 1,82 m with support for Monkey Bars. Diameter of bar 32 mm.

MONKEY BARS 1,2 M FH 550748

DESCRIPTION

Monkey Bar 1.2 m for functional structures. Hollow tube 32 mm x 5 mm.

MONKEY BARS 1,82 M FH 550749

DESCRIPTION

Monkey Bar 1,82 m for functional structures. Hollow tube 32 mm x 5 mm.

PULL UP BAR SIMPLE 182 CM FH 550750

DESCRIPTION

Pull Up Bar simple 182 cm. With reinforcements.

MUSCLE-UP BAR 1,82 M FH 550770

DESCRIPTION

Bar support different ring positions. Wall support with adjustable height of 0,20 to 2,80 m. It drops laterally.

COLUMN UP RIGHT 2,75 M FH 550738

DESCRIPTION

It has holes cut with laser on 4 sides, to adjust the accessories and bars right on the height and position you need.

COLUMN UP RIGHT 3,65 M FH 550739

DESCRIPTION

Wide your functional structures with a new column of 3.65 m. Has holes cut with laser on 4 sides, to adjust bars.

CROSS BAR SIMPLE 1.2 M FOR MONKEY BARS FH 550746

DESCRIPTION

Simple Bar cross of 1,2 meters, for the placement of Monkey Bars. Profile of 75 x 75 mm.

CROSS BAR SIMPLE 1.82 M FOR MONKEY BARS FH 550747

DESCRIPTION

Simple Bar cross of 1,82 meters, for the placement of Monkey Bars. Profile of 75 x 75 mm.

FLYING CROSS BAR 1,2 M FH 550751

DESCRIPTION

Flying Cross Bar 1,2 m for Monkey Bars. Lift bar.

FLYING CROSS BAR 1,82 M FH 550752

DESCRIPTION

Flying Cross Bar 1,82 m for Monkey Bars. Lift bar.

EXTENSION COLUMN UP RIGHT **90 CM** FH 550753

DESCRIPTION

Profile Column Raiser Up Right 90 cm. Measures 75 x 75 mm. Increase the height of your current columns.

EXTENSION COLUMN UP RIGHT **180 CM** FH 550754

DESCRIPTION

Profile Column Raiser Up Right 180 cm. Measures 75 x 75 mm. Increase the height of your current columns.

FLYING PULL-UP LADDER 1,82 M FH 550755

DESCRIPTION

Staircase for functional structures with 4 bars of 32 mm. Width 1,82 m.

FLYING PULL-UP LADDER 1,2 M FH 550756

DESCRIPTION

Staircase for functional structures with 4 bars of 32 mm. Width 1,2 m.

STEP-UP PLATFORM FH 550760

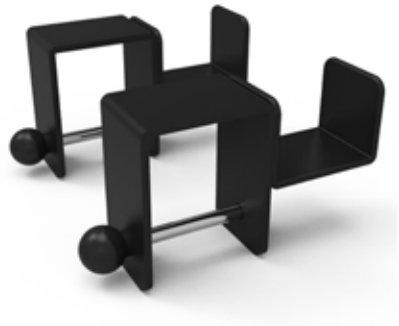
DESCRIPTION

Step-Up Plataform.

DIP HORN FH 550761

DESCRIPTION

Adjustable in height. For functional stations.



BAND HOOKS FH 550762

DESCRIPTION

For the grip of bands in the functional stations. Pair.

PLATE SUPPORT FOR STRUCTURE FH 550763

DESCRIPTION

Support for Olympic Disk. Pair.

PEGS BAR FH 550764

DESCRIPTION

Pegs Bar. Pair

SUPPORT FOR CORE TRAINER FH 550765

DESCRIPTION

Support for Total Core.

HANGER - GRIP FUNCTIONAL STRUCTURES FH 550769

DESCRIPTION

Hanger to attach rings, grips, etc.

SPOTTER ARMS FH 550758

DESCRIPTION

Spotter Arms longer for support of bars. With reinforcements, very resistant.

LANDMINE FH 550766

DESCRIPTION

Landmine.

WALL BALL FH 550767

DESCRIPTION

Wall Ball. For the release to a high point of medicine balls.

BALL GRIP PENDANT FH 550735

DESCRIPTION

Ball grip pendant with 75 or 130 mm diameter.

GRIP ROPE STRUCTURE FH 550732

DESCRIPTION

Grip rope structure.

BALL GRIP FIXED 75 MM FH 550733

DESCRIPTION

Ball Grip Fixed diameter 75 mm.

RESISTANCE CYLINDER ROPES FH 550731

DESCRIPTION

Resistance cylinder ropes.

CROSS TRAINING RACK 4 FH 550903

DESCRIPTION

Cross Training 4 rack for storage of all cross fit material. Dimensions: 1340 x 2136 x 480 mm.

CROSS TRAINING RACK 5 FH 550904

DESCRIPTION

Cross Training 5 rack . Dimensions 1950 x 1398 x 480 mm.

CROSS TRAINING RACK 3 FH 550902

DESCRIPTION

Cross Training 3 rack . Dimensions 1398 x 1340 x 480 mm.

CROSS TRAINING RACK 2 FH 550901

DESCRIPTION

Cross Training 2 rack . Dimensions 4293 x 1944 x 429 mm.

CROSS TRAINING RACK 1 FH 550900

DESCRIPTION

Cross Training 1 rack . Dimensions 1950 x 480 x 3122 mm.

ADJUSTABLE SQUAT STAND FH 609947

DESCRIPTION

Squat stand adjustable

RUSSIAN BELT FH 609926

DESCRIPTION

Russian belt. Tight muscle.

STRETCHING BELT FH 609927

DESCRIPTION

Stretching strap.

FITNESS STOPWATCH FOR WALL FH 609999

DESCRIPTION

12/24 hour clock. Room-temperature Fahrenheit and Celsius, -20 °C to 65 °C.

BOSU® MNS 45

DESCRIPTION

It made of a latex free material is designed to support individuals up to 140 kg. Dimensions: ø 65 cm. Single Color.

PILATES BALL FH 09101

DESCRIPTION

It provides unstable support for the activation of deep stabilizing muscles. Its texture is soft and velvety. Doesn't contain latex.

FURNITURE BOSU® FH 08500

DESCRIPTION

Cabinet for storing BOSU ®. Done in phenolic material, seeking a more innovative design. Capacity: 7 units. Size: 69x60x220 cm.

FURNITURE FITNESS BALL FH 06800

DESCRIPTION

Support made of steel tube, suitable for fitness ball. Includes wheels. Balls not included. Capacity: 9 balls. Size: 127x127x180 cm.

FITNESS BALL MNF 556575

DESCRIPTION

They offer a soft velvety and sweet surface. In case of breakage they slowly deflate offering safety factor to the user.

CYCLONE BALL FH 06401

DESCRIPTION

It's a medicine ball with a rope coming out of the center, which allows exercises of increasing rotational strength and flexibility.

POWER DISK SET FH 13500

DESCRIPTION

The set consists of: 2 albums of 1.25 kg/2 discs of 2.5 kg/2 discs of 5 kg/1 bar 140 x ø 3 cm of 2.16 kg/2 clamps ø 3 cm.

FLEX BAR FH 19200

DESCRIPTION

Flex bar is a glass fiber bar with weights on the ends of rubber. The bar is 160 cm and weighs about 0.5 kg.

FURNITURE POWER DISK FH 06100

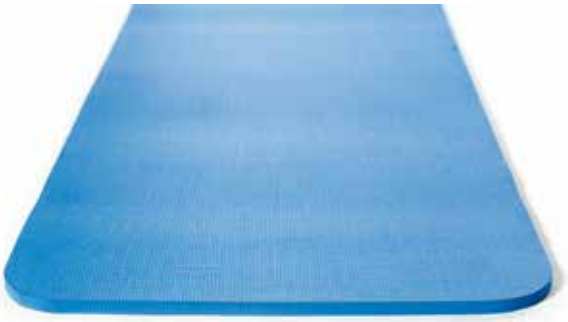
DESCRIPTION

Support made of pipe suitable for Disk Storage Power oval steel. Does not include Power Disk. Size: 153 x 102 x 145 cm.

FURNITURE FLEX BAR FH 09800

DESCRIPTION

Compact wall-hanging material suitable for storing Flex Bars. Does not include Flex Bars. Capacity: 20 U.



EXERCISE MAT CHI 01

DESCRIPTION

Basic mat with two holes for easy storage and conservation. Available in two colors: red and blue.

VINYL DUMBBELLS FH 13302

DESCRIPTION

Coated with a layer of vinyl that protects the floor and dumbbell own damage. Easy to clean. Sold in pairs.

FURNITURE EXERCISE MAT FH 07000

DESCRIPTION

Support made of pipe suitable for storage of up to 30 mats oval steel. Maximum length of 140 cm mats. Includes wheels.

FURNITURE VINYL DUMBBELLS FH 06500

DESCRIPTION

Composed of 55 pairs of dumbbells: 8 pairs of 0.5 kg/13 pairs of 1 kg / 11 pairs of 1.5 kg/10 pairs of 2 kg / vinyl dumbbell cabinet.

UNI EN 857-1 Requisitos generales para equipos fijos de entrenamiento.
UNI EN 957-2 Máquinas de entrenamiento a la resistencia.
UNI EN 957-4 Bancos de entrenamiento a la resistencia.
Directivas de las máquinas y directivas del ruido y la seguridad en el trabajo.
UNI EN 857-1 General requirements for stationary training.
UNI EN 957-2 machines for resistance training.
UNI EN 957-4 Banks resistance training.
Policies and directives machine noise and safety at work.
UNI EN 857-1 Exigences générales pour équipements fixe d'entrainement.
UNI EN 857-2 Machines d'entrainement à la résistance.
UNI EN 857-4 Bancs d'entrainements à la résistance.
Directives des machines et directives du bruit et de la sécurité au travail.

RoHS 2002/95/EC

SYSTEM CERTIFICATION ISO 9001:2000 SGS

CE certificate

F&H Fitness se reserva el derecho de modificar sus productos y documentación en cualquier momento sin previo aviso. Los accesorios (mancuernas, discos y barras) se colocan siempre como decoración por lo tanto no se incluye en la máquina.
F&H Fitness reserves the right to modify its products and documentation at any time without prior notice. The accessories (dumbells, discs and barbells) are always placedas decorum therefore not included in the machine.
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